

**FORM 51-102F3  
MATERIAL CHANGE REPORT  
UNDER NATIONAL INSTRUMENT 51-102**

**Item 1            Name and Address of Company**

Avricore Health Inc. (the “**Company**”)  
789 West Pender Street, Suite 810  
Vancouver, BC V6C 1H2

**Item 2            Date of Material Change**

May 23, 2019.

**Item 3            News Release**

A news release was disseminated through the services of Globe Newswire (West) on May 23, 2019 and subsequently filed on SEDAR.

**Item 4            Summary of Material Change**

The Company appointed Mr. Kevin Strong Chief Financial Officer and Ms. Deena Siblock Corporate Secretary.

**Item 5            Full Description of Material Change**

*Kevin Strong will serve as CFO of Avricore Health, effective immediately.* Kevin has over 11 years of experience as a senior regional manager in the finance sector, as well as over 11 years of experience as a Chief Financial Officer. His sector experience includes mining, insurance and oil & gas. Additionally, Kevin had served in management for the Winnipeg Stock Exchange (WSE) and TSX Venture Exchange (TSX-V).

*Deena Siblock will service as Corporate Secretary of Avricore Health, effective immediately.* Deena’s experience includes co-heading a Communications Advisory Committee including engagement with shareholders, vendors, suppliers and community stakeholders. Her experience in the mining sector includes copper, aluminum, molybdenum, and potash and has worked for various mining companies including Rio Algom and BHP Billiton.

With this announcement it means thanking Avricore’s outgoing CFO, Zula Kropivintski, for her service to VANC Pharma through its transition of becoming Avricore Health Inc. The Avricore team wishes her the very best in the future.

**Item 6            Reliance on subsection 7.1(2) of National Instrument 51-102**

The report is not being filed on a confidential basis.

**Item 7            Omitted Information**

No material information has been omitted. Full text is found in the news release.

**Item 8            Executive Officer**

Bob Rai, President and CEO, 604-613-4336

**Item 9            Date of Report**

May 23, 2019

***Forward-Looking Statements***

Certain information set forth in this material change report may contain forward-looking statements that involve substantial known and unknown risks and uncertainties and other factors which may cause the actual results, performance or achievements of the Company to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements. Forward-looking statements include statements that use forward-looking terminology such as “may”, “will”, “expect”, “anticipate”, “believe”, “continue”, “potential” or the negative thereof or other variations thereof or comparable terminology or other statements that are not historical facts. These forward-looking statements are subject to numerous risks and uncertainties, certain of which are beyond the control of the Company, including, but not limited to, risks associated with the impact of general economic conditions, industry conditions, dependence upon regulatory approvals, and the uncertainty of obtaining additional financing. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements.