



March 13, 2020

Filed via SEDAR

To All Applicable Exchanges and Commissions

Dear Sirs/Madam:

**Subject: Tamarack Valley Energy Ltd. (the "Issuer")
Notice of Meeting and Record Date**

We are pleased to confirm the following information with respect to the Corporation's upcoming meeting of securityholders:

Meeting Type:	Annual Special
Meeting Date:	May 13, 2020
Record Date for Notice of Meeting:	April 8, 2020
Record Date for Voting:	April 8, 2020
Beneficial Ownership Determination Date:	April 8, 2020
Class of Securities Entitled to Vote:	Common
ISIN:	CA87505Y4094
Meeting Location:	Calgary, AB
Corporation sending proxy materials directly to NOBO:	No
Issuer paying for delivery to OBO:	Yes
Notice and Access for Beneficial Holders:	No
Notice and Access for Registered Holders:	No

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Corporation.

Yours truly,

ODYSSEY TRUST COMPANY

signed "Hillary Newton"

Hillary Newton
Corporate Associate, Client Services