

NEWS RELEASE
For Immediate Release
September 25, 2009
Calgary, Alberta

SAHARA ENERGY LTD. ANNOUNCES FILING OF ITS 51-101 REPORT

Calgary, Alberta (September 25, 2009) – Sahara Energy Ltd. (TSXV: SAH) today filed its reserve data and other oil and gas information for the year ended December 31, 2008 as mandated by National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities of the Canadian Securities Administrators, a copy of which may be obtained at www.sedar.com.

NEITHER THE TSX VENTURE EXCHANGE NOR ITS REGULATION SERVICES PROVIDED (as that term is defined in the Policies of the TSX Venture Exchange) ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.

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