

Form 51-102F3
Material Change Report

Item 1 Name and Address of Company

La Quinta Resources Corporation
1588 – 609 Granville Street
Vancouver, B.C. V7Y 1G5

Item 2 Date of Material Change

October 16, 2008

Item 3 News Release

A News Release was issued in Vancouver, British Columbia on October 16th, 2008 and distributed through Kitco and Marketwire

Item 4 Summary of Material Change

La Quinta Resources Corporation (TSXV: LAQ, the "Company") is pleased to announce, that a significant gold bearing quartz zone covering 700m was outlined on Kabotshome property in the Maniema Gold Belt, DRC. Separately, the Company announces that in Mexico, it has made a decision to allow its gold exploration leases in Sonora State to lapse, in order to preserve funds, and concentrate all the Company's resources on the work in the DRC.

Item 5 Full Description of Material Change

See attached news release.

Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

N/A

Item 7 Omitted Information

N/A

Item 8 Executive Officer

Contact: Malcolm Swallow, Chairman & CEO
Telephone: (604) 685-1818

Item 9 Date of Report

October 16th, 2008

LA QUINTA RESOURCES CORPORATION

1588 – 609 Granville Street
Vancouver, B.C. V7Y 1G5

LAQ: TSX-V

No.08-16

NEWS RELEASE

SEC 12G file#82-35061

October 16th, 2008

LA QUINTA OUTLINES SIGNIFICANT GOLD BEARING QUARTZ ZONE COVERING 700 METRES ON KABOTSHOME PROPERTY IN THE MANIEMA GOLD BELT

La Quinta Resources Corporation (TSXV: LAQ, the "Company") is pleased to announce the discovery of a major quartz zone which is open ended and covers at least 700 metres in the Kabotshome area. Kabotshome forms part of the 7,626 square kilometer exploration area covered by 32 claims optioned and Joint Ventured from Wa Balengela Kasai Investments Congo sprl (WBK.) The 32 principle permits which are contiguous to Banro Corporation's (TSX:BAA) Lugushwa and Namoya major gold projects were granted to WBK under the new mining laws, and were issued to WBK by the Mines Ministry in March 2008.

The quartz zone was discovered by the JV Company geologists as part of an initial reconnaissance program. It has been traced over 700 metres and an initial reconnaissance sample of the structure assayed 4.12 grams per tonne gold. This work was carried out under the supervision of Michel Cormier, the Company's President, who is a Geological Engineer and a Qualified Person, in Canada. Work is now underway to complete a trenching program on this quartz occurrence to determine its true extent. Kabotshome has a long history of gold production under the Belgian era of the DRC.

Concurrently, LAQ in Canada has commissioned a satellite structural interpretation of the area between Banro Corporation's Lugushwa and Namoya multi million ounce gold properties. This area also falls into the 32 claims joint ventured by LAQ, which directly abutts the boundaries of both Lugushwa and Namoya. The structural interpretation work carried out by Earthmetrix of Montreal, Quebec, has clearly identified a number of very similar structural settings on the 32 claim area, which precisely mirror the structural setting of both Lugushwa and Namoya and these will form the focus of the next major prospecting and exploration program in this area.

Separately, in Mexico the Company has made a decision to allow its gold exploration leases in Sonora state to lapse, in order to preserve funds, and concentrate all the Company's resources on the work in the DRC.

La Quinta Resources Corporation is a junior exploration issuer listed on the TSX:V under the symbol LAQ. The company's aim is to add shareholder value by growing its resource base, through exploration of its two high quality DRC gold projects covering 7,626 square kilometers of the Maniema – South Kivu gold belt. The Company is led by a highly skilled, experienced Board and management team with significant successes in finding and developing early stage gold and base metals.

ON BEHALF OF THE BOARD

Malcolm J.A Swallow
Chairman and CEO

To Contact La Quinta Resources Corp.

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The TSX Venture Exchange has not reviewed and does not except any responsibility for the accuracy or adequacy of this news release, which has been prepared by management.