Form 51-102F3
Material Change Report

Item 1 Name and Address of Company

La Quinta Resources Corporation
400 – 409 Granville Street
Vancouver, B.C. V6C 1T2

Item 2 Date of Material Change

August 30, 2011

Item 3 News Release

A News Release was issued in Vancouver, British Columbia on August 30, 2011 and distributed through Kitco and Stockwatch.

Item 4 Summary of Material Change

The Company wishes to announce that further to its press release dated August 17, 2011, the terms of the Non-Brokered Flow-Through Private Placement (the "Placement") have been revised to amend the Offering. Subject to regulatory approval, the Company now proposed to raise up to 4,705,882 Flow Through - Shares at a price of $0.085 per unit for gross proceed of $400,000. The Company intends to use the net proceeds of the sale for Carruther Pass property's initial work program and for related working capital.

Item 5 Full Description of Material Change

See attached news release.

Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

N/A

Item 7 Omitted Information

N/A

Item 8 Executive Officer

Contact: Glen Watson, CEO & Director
Telephone: (604) 803-5229

Item 9 Date of Report

August 30, 2011

La Quinta Resources Announces Flow-Through Non-Brokered Placement Amendments

Vancouver, B.C. August 30, 2011 - La Quinta Resources Corporation (TSX-V: LAQ / Frankfurt: LQK) ("La Quinta" or the "Company")) wishes to announce that further to its press release dated August 17, 2011, the terms of the Non-Brokered Flow-Through Private Placement (the "Placement") have been revised to amend the Offering. Subject to regulatory approval, the Company now proposed to raise up to 4,705,882 Flow Through - Shares at a price of $0.085 per unit for gross proceed of $400,000. The Company intends to use the net proceeds of the sale for Carruther Pass property's initial work program and for related working capital.

The Carruthers Pass property is a massive sulfide project with copper, gold and silver located 70km south of Kemess copper-gold mine. The project consists of 8 claims covering 3,250 hectares. The Carruthers Pass project is under option from Cariboo Rose Resources Ltd. (TSX-V:CRB) ("Cariboo Rose"). Under the terms of the LOI, the Company can acquire 90% of the project from Cariboo Rose over a six (6) year term by spending $2 million in work commitments on the project, and making payments of $470,000 cash and issuing 2 million shares of the Company's common stock to Cariboo Rose. The Company further has opportunity to acquire the remaining 10% interest from Cariboo Rose at fair market value. The project is subject to a 2.5% royalty, which may be reduced to 1% royalty by purchase from the underlier, Phelps Dodge Corporation of Canada, Limited for $1.5 million.

Six percent (6%) finder's fees will be paid to accredited brokers or financial institutions. Eight percent (8%) finder's fee warrants will also be granted to accredited brokers or financial institutions entitling the holder thereof to acquire one additional Non Flow-Through common share at an exercise price of $0.10 any time up to two (2) year period following the closing of the Placement.

The Placement is subject to documentation, TSX regulatory approval, holds and other customary conditions.

All dollar amounts are in Canadian dollars unless otherwise stated.

This press release is not intended for U. S. distribution and does not constitute an offer to sell or solicitation of an offer to sell any of the securities in the United States. The securities have not been and will not be registered under the United States Securities Act 1933, as amended (the "U.S. Securities Act") or any state securities laws and may not be offered or sold within the United States or to a U.S. Entity unless registered under the U.S. Securities Act and applicable state securities laws or an exemption from such registration is available.

About La Quinta Resources Corporation

La Quinta is a junior precious metals exploration company actively seeking mineral opportunities for the benefit of our stakeholders. Currently the Company is focused on exploring for gold, silver and copper on the Easter Project and its Black Jack properties, Nevada and on Carruthers Pass, British Columbia. The Easter Project is underlain by an epithermal quartz-adularia vein stockwork system hosted within Tertiary volcanic rocks of the Caliente Caldron Complex of southeastern Nevada. Numerous drill programs were conducted over the past 27 years by several operators. The resultant 121 holes and five adits were used to outline a 43-101 compliant resource of 2.6 million tons at 1.3 g/t gold (0.038 oz/t) and 14 g/t silver (0.4 oz/t) within an area of gold mineralization with a strike length of at least 6,450 feet (1,966 m) and drill-defined widths up to 90 feet (27.4 m). Significant prior intercepts include up to 0.194 oz. Au / ton over 90 feet (6.6 g/t over 27.4m true thickness) (including 0.549 oz. Au / ton over 15 feet [18.8 g/t over 4.5m]) and 0.084 oz. / ton over 110 feet (including 0.534 oz. Au / ton over 5 feet) [2.88 g/t over 33.5 m w/internal 18.3 g/t in 1.52 m]. The Black Jack property, an early-stage exploration target in NE Nevada, consists of old mine workings that contain silver- gold-base metals veins hosted in Ordovician limestones that overlie nearby Cambrian shale. The Carruthers Pass property is a massive sulfide project with copper, gold and silver located 70km south of Kemess copper-gold mine. The project consists of 8 claims covering 3,250 hectares. No resources have been identified at either Black Jack or Carruthers Pass properties.

On behalf of the board

Glen Watson
CEO and Director

For further information, please contact:

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