



Reliq Health
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NEWS RELEASE

Reliq Health Announces Appointment of Dr. Richard Sztramko as Chief Medical Officer

VANCOUVER, BC, SEPTEMBER 14, 2017 / - Reliq Health Technologies Inc. (TSXV:RHT) (“Reliq” or the “Company”), a technology company focused on developing innovative mobile health (mHealth) and telemedicine solutions for Community-Based Healthcare, is pleased to announce that Dr. Richard Sztramko has joined the company as its Chief Medical Officer, working out of the Company’s operational headquarters in Hamilton, Ontario.

“We are thrilled to have a physician with Dr. Sztramko’s experience and clinical expertise join our team,” said Dr. Lisa Crossley, CEO of Reliq Health. “His background in Geriatrics and General Internal Medicine and his entrepreneurial experience in the eHealth space will make him an invaluable resource for the Company and for our customers. As we roll out our platform to >48,000 patients at Paz Home Health (Pharr, TX) and the Rio Grande Valley Health Alliance Accountable Care Organization (McAllen, TX) and bring on new customers in the future, Dr. Sztramko’s clinical background will help us ensure that our products comprehensively support clinicians’ workflows while delivering best in class virtual healthcare to their patients.”

“I’m very excited about working with the rest of the Reliq Health team to provide innovative, user-friendly virtual care and telemedicine solutions to patients in the community,” said Dr. Sztramko. “Studies consistently show that providing patients with the tools they need for self-management of their chronic conditions produces better health outcomes and reduces healthcare costs. Reliq’s remote patient monitoring system quickly and easily collects sophisticated health data from patients in their own homes. The secure, cloud-based care collaboration platform provides the clinical care team, patient and family members with real-time access to patient health information including trends over time. This helps clinicians like myself identify high risk patients and intervene early, before a serious complication develops, improving health outcomes, preventing readmissions and ER visits, reducing healthcare costs and increasing patient and family satisfaction.”

Dr. Sztramko practices Geriatric and General Internal Medicine at St. Peter’s, Hamilton General, and Juravinski Hospitals in Hamilton, Ontario, Canada. Prior to joining Reliq Health he co-founded Virtual Ward, a startup focused on healthcare provider communication within hospitals, and created an online education tool for patients with Dementia and their caregivers (iGeriCare).

Reliq’s digital health solution provides high quality virtual care in the community by creating a “virtual hospital ward” within the patient’s home, automatically collecting vital signs and tracking medication adherence. Reliq’s interactive voice technology provides patients with audible alerts and reminders to take their medications, collect their vitals using Bluetooth-enabled “wearables” and perform prescribed rehab or fitness activities. Reliq’s two-way voice hub provides voice-activated access to patient education content, empowering patients and family members to proactively manage complex chronic conditions. The Reliq Health cloud platform instantly alerts the clinical care team if a patient develops



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key warning signs, allowing clinicians to intervene before a health crisis occurs and preventing costly and disruptive hospital readmissions and ER visits.

ON BEHALF OF THE BOARD

"Dr. Lisa Crossley"

CEO and Director

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Reliq Health Technologies Inc. (the "**Company**") does not intend, and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company's historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.