

Form 51-102F3

Material Change Report

Item 1 Name and Address of Company

Reliq Health Technologies Inc.
Suite 810 – 789 West Pender Street
Vancouver, BC
V6C 1H2 (the “**Company**”)

Item 2 Date of Material Change

December 10, 2018.

Item 3 News Release

The news release was disseminated on December 10, 2018 by way of the facilities of GlobeNewswire. Copies were also filed on SEDAR with the applicable securities commissions.

Item 4 Summary of Material Change

The Company announced that subsequent to the closing of its Vancouver office the Company has completed key new hires and engagements, which include Dr. Bassma Ghali as CTO and Mr. Lucas Smithen as VP Products & Professional Services.

Item 5 Full Description of Material Change

5.1 Full Description of Material Change

The Company announced that subsequent to the closing of its Vancouver office the Company has completed key new hires and engagements to support the Company’s anticipated growth in 2019 and beyond.

“We are thrilled to announce the addition of two new members of the Reliq Health leadership team and the engagement of two new key partners,” said Dr. Lisa Crossley, CEO of Reliq Health Technologies, Inc. “Dr. Bassma Ghali has accepted the role of CTO with the company, and Mr. Lucas Smithen will take on the position of VP Products & Professional Services. These two highly educated, experienced individuals bring a new depth and breadth of knowledge to Reliq to allow us to continue to expand our platform’s capabilities and improve our Implementation and Customer Support services. The Company has also engaged Mr. Paul McCulloch to manage Reliq’s cybersecurity, privacy and policy development. Mr. McCulloch has an impressive background as a technologist and attorney, and has previously served as the VP of Technology and Global CyberSecurity Chief of Compliance at JP Morgan, and Special Advisor in the office of the U.S. Secretary of State. Reliq has also engaged Sonique Ltd to support the Company in marketing strategy, digital & social media and creative services. Sonique’s previous clients include Dynacare, Disney, BBC, Nintendo, ASUS, Sony, HP and many other notable global brands.”

New Hires:

Dr. Bassma Ghali joins the team as Reliq's new Chief Technology Officer. Dr. Ghali is a serial entrepreneur with expertise in wearable medical device technology, software development, telemonitoring, machine learning (AI), data collection and analysis. She holds a PhD in Biomedical Engineering from the University of Toronto, where she conducted her PhD research in the PRISM (Paediatric Rehabilitation Intelligent Systems Multidisciplinary) Lab at the Holland Bloorview Kids Rehabilitation Hospital, the largest paediatric rehabilitation hospital in Canada. The PRISM Lab is an academic health science centre fully affiliated with the prestigious Institute of Biomaterials and Biomedical Engineering (IBBME) at the University of Toronto. Dr. Ghali received her MASc from McMaster University in Biomedical Engineering and her B.Eng. in Computer Engineering from Ryerson University.

Mr. Lucas Smithen joins the team as Reliq's new VP Products & Professional Services. Mr. Smithen has over 18 years of experience in software development, product design and development, new product launch, professional services, software implementation, customer support and customer engagement. He has extensive experience in the development and implementation of mobile health applications for use in hospitals, long term care facilities, mental health organizations and outpatient clinics, and in the design of highly intuitive user interfaces for clinicians, administrators and patients. He holds a B.Eng. in Mechanical Engineering from Carleton University. Mr. Smithen will be heading to Australia in January to support Reliq's Australian sales team in launching the two previously announced pilots in South Australia.

New Engagements:

Mr. Paul McCulloch, CyberLaw NYC - Paul McCulloch is a technology attorney with the NYC CyberLaw group, focused on data privacy and security in the health and finance sectors. His clients have ranged from startups to Fortune 500 companies and his services include legal and compliance review and resiliency, and digital transformation strategy. Prior to joining the NYC CyberLaw group he served as the VP of Technology and Global CyberSecurity Chief of Compliance at JP Morgan, and Special Advisor in the office of the U.S. Secretary of State. He holds a BA from Emory University, a JD from Temple University, an LL.M. From the University of London, is a member of the New York bar and an IAPP Certified Information Privacy Manager.

Sonique Ltd – Sonique Ltd is a full service marketing and creative services firm with offices in Toronto, ON, Hamilton, ON and London, UK. Sonique's previous clients include Dynacare, Disney, Nintendo, BBC, Sky Media, Volvo, Mackenzie Investments, AOL, Barclays, HP, Virgin, Toshiba, Rosetta Stone, Collins Barrow and Orange, among other notable global brands.

CFO/COO Search:

The Company has been active in its search for a new CFO with a strong Operational background to take on the CFO/COO role and is in discussions with several highly qualified candidates in the Greater Toronto area.

Departures:

The Company also wishes to announce the departure of Mr. Stephen Samson, who was originally hired by the Company's former Chief Visionary Officer to take on the role of CIO. The duties and responsibilities associated with that role will now fall under the Company's CTO, Dr. Bassma Ghali and Reliq's cybersecurity and privacy partner, Mr. Paul McCulloch at CyberLaw NYC.

5.2 Disclosure for Restructuring Transactions

Not applicable.

Item 6 Reliance on subsection 7.1(2) of National Instrument 51-102

Not applicable.

Item 7 Omitted Information

Not applicable.

Item 8 Executive Officer

Lisa Crossley, CEO and Director

Business Telephone: 604-687-2038

Facsimile: 604-687-3141

Item 9 Date of Report

December 10, 2018.