

April 30, 2024

VIA SEDAR

To: All Applicable Commissions and Stock Exchanges

Dear Sirs:

Re: Reliq Health Technologies Inc. (the “*Company*”) – AMENDED NOTICE

As per National Instrument 54-101 requirements, we advise the following with respect to the upcoming Meeting of Shareholders for the subject Company:

Issuer:	Reliq Health Technologies Inc.
CUSIP:	75955T103
ISIN:	CA75955T1030
Meeting Date: AMENDED	December 3, 2024
Meeting Type:	Annual General & Special Meeting
Record Date for Notice: AMENDED	October 29, 2024
Record Date for Voting: AMENDED	October 29, 2024
Beneficial Ownership Determination Date: AMENDED	October 29, 2024
Class of Securities Entitled to Receive Notice:	Common
Class of Securities Entitled to Vote:	Common
Business Type:	Routine
Issuer paying for delivery to OBO:	No
Issuer sending proxy related materials directly to NOBO:	No
Meeting Location:	1890 - 1075 West Georgia Street Vancouver BC V6E 3C9

As always, the Company encourages Shareholders to vote on the matters by proxy prior to the Meeting.

Sincerely,

RELIQ HEALTH TECHNOLOGIES INC.

Signed: “*Eugene Beukman*”

Eugene Beukman
Director