NEWS RELEASE

For immediate distribution September 6, 2022

LETHO PROVIDES CORPORATE UPDATE

LETHO RESOURCES CORP. (TSX-V: LET.H) Vancouver, B.C. – Letho Resources Corp. ("Letho" or the "Company") provides the following corporate update in reference to the Company's previously announced acquisitions of Canadian and Albanian oil and gas assets.

Central Alberta acquisition of producing oil and gas assets:

The Company is preparing to submit additionally requested information for the acquisition of an oil & gas producing asset in Central Alberta and the process is advancing inline with expectations. The closing of the acquisition is expected once all necessary regulatory approvals, including, without limitation, the approval of the TSX Venture Exchange (the "Exchange") have been received.

Update on Albanian activities:

Following the announcement that Anio Oil and Gas Sha has made a repayment of $163,100 USD to the Company towards loans that were advanced by the Company in connection with a terminated business transaction between the parties, the Company is pursuing to recover the remaining amounts as per agreement.

In relation to Company's proposals to acquire two production assets there are no updates from the Albanian authorities during the last 30 days. Company will update the market again in 30 days on the progress of the application.

To learn more about us, please visit our website at: www.lethoresources.com

ON BEHALF OF THE BOARD OF DIRECTORS OF LETHO RESOURCES CORP.

Sotirios Kapotas
President & CEO, Director

For more information, please contact:
Sotirios Kapotas
info@lethoresources.com

Website: www.lethoresources.com

Forward-Looking Statements

Information set forth in this news release contains forward-looking statements or forward-looking information that are based on assumptions as of the date of this news release. Such statements include statements relating to the completion of the proposed acquisitions of Canadian and Albanian oil and gas assets. These statements reflect management's current estimates, beliefs, intentions and expectations and are not guarantees of future performance. Such statements are based upon certain assumptions which Letho's management believes to be reasonable, including assumptions relating to the availability of funds, the receipt of Exchange approval and the timeline for and results of regulatory review. Letho cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond Letho's control. Such factors include, among other things: risks and uncertainties relating to Letho's ability to raise additional financing and meet financial obligations as they come due. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward-looking information. Except as required under applicable securities legislation, Letho undertakes no obligation to publicly update or revise forward-looking information.