ADVANTAGE LITHIUM CORP.
#1305 - 1090 West Georgia Street
Vancouver, BC V6E 3V7
Tel: 604-685-9316 | Fax: 604-683-1585
www.AdvantageLithium.com

TSX Venture Exchange Symbol: AAL

NEWS RELEASE **SEPTEMBER 14, 2016**

Advantage Lithium to Acquire Stella Marys Project in Argentina's "Lithium Triangle"

Lithium brine project immediately adjacent to property with large, near-surface resource

Vancouver, British Columbia, September 14, 2016 – Advantage Lithium Corp. (the "**Company**" or "**Advantage Lithium**") (**TSXV: AAL**) has entered into letter of intent (the "LOI") to acquire 100% interest in the Stella Marys project, Salta Province, Argentina (the "Property"). The 1,472 ha property is located in the western sector of the Salinas Grandes salar within Argentina's "Lithium Triangle" of developing and producing projects, including the country's two lithium producers. Stella Marys lies immediately adjacent to Orocobre's Salar de Salinas Grandes lithium-potassium-boron brine project, which hosts a near-surface, low sulfate inferred resource estimate of 56.5 million cubic meters of brine grading 795 mg/l lithium (239,200 tonnes lithium carbonate equivalent (LCE)) and 9,547 mg/l potassium (1.03 million tonnes of potash equivalent) and 283 mg/l boron.

Orocobre's shallow inferred mineral resource is immediately adjacent to and potentially extends onto the Stella Marys property, where a previous operator is reported to have completed a comprehensive exploration program of mapping and sampling, geochemistry, some drilling with pump tests, and preliminary engineering. These and other technical reports will be confirmed as part of the Company's due diligence.

Project Highlights

- 1,472 ha project immediately adjacent to a large, shallow depth, inferred resource
- Prior exploration work includes mapping, sampling, geochemistry, drilling with pump tests and preliminary engineering
- Salta province of Argentina is ranked by Fraser Institute (2015 survey) as one of the most favourable jurisdictions in Central and South America for exploration
- Near to excellent infrastructure corridor of road, rail, and power

The Lithium Triangle and Argentina's Salta Province

Argentina, Chile and Bolivia hold the world's largest lithium and comprise what's has become known as the "lithium triangle," - a desert region in the high Andes. In Argentina, this region hosts a number of developed and developing projects, including two producing lithium mines (Orocobre's Olaroz and FMC's Salar de Hombre Muerto), along with several properties with advanced technical studies to feasibility study level, and numerous earlier-stage lithium and potash exploration targets.

According to the Fraser Institute's 2015 survey, Salta province ranked as one of the most favourable jurisdictions for exploration in Central and South America in its Investment Attractiveness Index, due to mineral policy and best practices.

David Sidoo, President and Director, of Advantage Lithium, commented: "*Acquiring a lithium brine project of this calibre in Argentina's Lithium Triangle is a tremendous step forward for the company and our progress points clearly to calibre of the management and technical team we have assembled. With a drill program soon to start at our Clayton NE project in Nevada, a recent agreement to acquire three exciting early-stage projects in Mexico and now, this more advanced project next to Orocobre's large and shallow resource at Salar de Salinas Grandes, we are closer to fulfilling our goal as a leading junior in the lithium space*."

Details of the LOI

In order to acquire the Property, the Company must pay: (a) a non-refundable deposit of US$100,000 upon signing of the LOI (which has been paid); (b) a further US$250,000 and 300,000 common shares of the Company on the earlier of the date of TSXV acceptance and 90 days from date of the LOI; (c) a further US$250,000 and 300,000 common shares on the six month anniversary of TSXV acceptance; and (d) a further US$650,000 and 900,000 common shares on the first anniversary of TSXV acceptance.

The obligation of the Company to complete the acquisition (other than payment of the US$100,000 which is non-refundable) is subject to completion of due diligence by the Company. If, after completion of due diligence, the Company elects to proceed with the acquisition and fails to complete the payment obligations, the Property and any payments already made by the Company will revert to the vendor. The vendor is based in Argentina and is at arm's length to the Company. The parties intend to use commercially reasonable efforts to complete a definitive agreement within 90 days.

A finder's fee (the "Finder's Fee") equal to the maximum finder's fee permitted under the policies of the Exchange will be paid to Synergy Resource Capital (described below) for introducing the Project. The Finder's Fee will be paid in cash in tranches as the payments above are made to the Vendor.

The technical information in this news release has been prepared in accordance with the Canadian regulatory requirements set out in National Instrument 43-101 and reviewed on behalf of the company by Ross McElroy, P.Geol., Technical Advisor to Advantage Lithium Corp., and the Designated Qualified Person for the company.

Further information about the company can be found at www.advantagelithium.com.

About Advantage Lithium Corp.

Advantage Lithium Corp. is a resource company specializing in the strategic acquisition, exploration and development of lithium properties and is headquartered in Vancouver, British Columbia. Common Shares are listed on the TSX Venture Exchange under the symbol "AAL". The company is earning an interest from Nevada Sunrise Gold Corp., in a portfolio of five lithium brine projects in the Clayton and Lida Valley regions of Nevada, USA, together with certificated water rights in the Clayton Valley. In addition, the company has entered into an LOI agreement to earn interest from Radius Gold Inc. in four lithium brine projects in the states of Chihuahua and Coahuila, Northwest Mexico.

ADVANTAGE LITHIUM CORP.

Per: *"David Sidoo"*
David Sidoo, President
Tel: 604.685.9316 | Fax: 604.683.1585
Email: info@advantagelithium.com

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Certain information contained in this press release constitutes “forward-looking information", within the meaning of Canadian legislation. Generally, these forward-looking statements can be identified by the use of forward-looking terminology such as "plans", "expects" or "does not expect", "is expected", "budget", "scheduled", "estimates", “forecasts", "intends", "anticipates" or "does not anticipate", or "believes", or variations of such words and phrases or state that certain actions, events or results "may", "could", "would", "might" or "will be taken", "occur", "be achieved" or “has the potential to”. Forward looking statements contained in this press release may include statements regarding the future operating or financial performance of Advantage Lithium which involve known and unknown risks and uncertainties which may not prove to be accurate. Actual results and outcomes may differ materially from what is expressed or forecasted in these forward-looking statements. Such statements are qualified in their entirety by the inherent risks and uncertainties surrounding future expectations. Among those factors which could cause actual results to differ materially are the following: market conditions and other risk factors listed from time to time in our reports filed with Canadian securities regulators on SEDAR at www.sedar.com. The forward-looking statements included in this press release are made as of the date of this press release and the Company and Advantage Lithium disclaim any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by applicable securities legislation.

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