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NEWS RELEASE DECEMBER 28, 2018

Advantage Announces Stock Option Grant

Vancouver, British Columbia, December 28, 2018 – Advantage Lithium Corp. (the “Company” or “Advantage Lithium”) (TSX Venture: AAL) (OTCQX: AVLIF) announces it has granted incentive stock options to Dave Cross an officer and director of the Company to purchase up to 150,000 common shares of the Company (the “Options”). The Options are exercisable for a period of five years, at a price of $0.41 per share, being the closing price of the Advantage Lithium common shares on the TSX Venture Exchange on December 27th, 2018, the last trading prior to the date of grant. All Options were granted in accordance with the Company’s stock option plan.

About Advantage Lithium Corp.

Advantage Lithium Corp. is a resource company specializing in the strategic acquisition, exploration and development of lithium properties and is headquartered in Vancouver, British Columbia. The Common shares of the Company are listed on the TSX Venture Exchange (TSX-V: AAL), and the Company is also traded on the OTCQX Best Market in the U.S. (OTCQX: AVLIF). The Company has acquired a 100% interest in four exploration projects in Argentina and has acquired a 75% interest in a fifth, called Cauchari. The Cauchari project is located just 20km south of Orocobre’s flagship Olaroz Lithium Facility.

Further information about the Company can be found at www.advantagelithium.com

Cautionary Statement:

Certain information contained in this press release constitutes “forward-looking information”, within the meaning of Canadian legislation. Generally, these forward-looking statements can be identified by the use of forward-looking *terminology such as “is expected”, “intends”, or “has the potential to”. Forward looking statements contained in this* press release may include statements regarding the future operating or financial statements contained in this press release may include statements regarding the future operating or financial performance of Advantage that involve known and unknown risks and uncertainties which may not prove to be accurate.

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Actual results and outcomes may differ materially from what is expressed or forecasted in these forward-looking statements. Such statements are qualified in their entirety by the inherent risks and uncertainties surrounding future expectations. The forward-looking statements included in this press release are made as of the date of this press release and the Company disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by applicable securities legislation.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

ADVANTAGE LITHIUM CORP.

Per: **"David Sidoo"**

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