Troymet Starts Field Program at Redhill

April 4, 2016 - Troymet Exploration Corp. (TSXV: TYE) ("**Troymet** or the **Company**") is pleased to report that planning for an induced polarization ("IP") survey and a diamond drilling program at Redhill is well advanced. A field crew will be on-site April 6-9, 2016, to select an optimal configuration for the IP survey, to prospect the ~900 m X ~250 m gold-in-soil anomaly (see news release of October 29, 2015), and to select drill sites to test volcanogenic massive sulphide ("VMS") and gold targets.

The IP survey is designed to test for gold rich pyrite mineralization and zinc rich VMS mineralization that is not an electromagnetic ("EM") conductor. This type of mineralization has not been tested for at Redhill. There are many examples of this type of VMS mineralization including the Discovery zone on the Company's McClarty Lake project in Manitoba.

There are also untested EM conductors at Redhill. A 2006 fixed-loop transient EM (FLTEM) survey identified 11 EM conductors in an area ~600 X 1,100 metres. The mineralization in hole RH-06-25 (8.75% copper, 4.75% zinc, 1.22 g/t gold and 61.19 g/t silver over 2.04 m) is associated with a medium strength, 200-meter long conductor. There is an undrilled, off-hole Pulse EM conductor adjacent to hole RH-06-25 that indicates extensions to this mineralization. Conductors along strike, and other nearby stronger conductors, have not been drill tested. (British Columbia ARIS (Assessment Report Indexing System) Report #28525).

Kieran Downes, P. Geo., a Qualified Person as defined by National Instrument 43-101, the President and CEO of Troymet, has reviewed and verified the technical information provided in this release.

Grant of Options
Troymet has granted 2,200,000 options to purchase common shares of Troymet to directors and officers of Troymet in accordance with Troymet's stock option plan. All of the options have an exercise price of $0.05 per share, vest immediately and expire 10 years from the date of issuance. Troymet has determined that exemptions from the various requirements of the TSX Venture Exchange Policy 5.9 and Multilateral Instrument 61-101 are available for the issuance of the options to the directors and officers of Troymet (Formal Valuation - Issuer Not Listed on Specified Markets; Minority Approval - Fair Market Value Not More Than 25% of Market Capitalization).

Kamloops Exploration Group Conference & Trade Show 2016
Troymet will be presenting data for its projects at the KEG Conference & Trade Show which will be held from April 11-13, 2016 at the Coast Kamloops Hotel and Convention Centre - Booth #24.

About Troymet Exploration Corp.
Troymet Exploration Corp. is a junior exploration company with a solid treasury and with projects in British Columbia (Redhill and Golden Eagle), Manitoba (McClarty Lake) and Utah (Wildcat). Troymet operates the Wildcat, Redhill and Golden Eagle projects. Hudbay Minerals Inc. is the operator of the McClarty Lake joint venture and must contribute $1,151,052 in joint venture expenditures before Troymet is required to fund its participating interest. Troymet retains a 2% net smelter returns royalty (NSR) on the Key property, British Columbia, which was sold to New Gold Inc. in 2013.

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This news release contains certain forward-looking information. All statements included herein, other than statements of historical fact, are forward-looking information and such information involves various risks and uncertainties. In particular, this news release contains forward-looking information in respect of: the Redhill Project, including the possible exploration and development of the Redhill Project; the exploration potential and analogous deposit potential of the Redhill Project; future data analysis, sampling plans and exploration plans on the Redhill Project; the timing for exploration and drilling on the Redhill Project; exploration targets and the potential of such exploration targets; and the ability and the timeframe within which the Redhill Project can be advanced. There can be no assurance that such information will prove to be accurate, and actual results and future events could differ materially from those anticipated in such information. This forward-looking information reflects Troymet's current beliefs and is based on information currently available to Troymet and on assumptions Troymet believes are reasonable. These assumptions include, but are not limited to: the current share price of Troymet's common shares and the ability to raise future equity financing, if needed, at prices acceptable to Troymet; Troymet's current and initial understanding and analysis of the Redhill Project; the ability of Troymet to discover viable exploration targets and the results of exploration on the Redhill Project; the cost of exploration, including sampling and drilling, on the Redhill Project; Troymet's general and administrative costs remaining constant; and the market acceptance of Troymet's business strategy. Forward-looking information is subject to known and unknown risks, uncertainties and other factors which may cause the actual results, level of activity, performance or achievements of Troymet to be materially different from those expressed or implied by such forward-looking information. Such risks and other factors may include, but are not limited to: the early stage development of Troymet and its projects, and in particular, the Redhill Project; general business, economic, competitive, political and social uncertainties; capital market conditions and market prices for securities, junior market securities and mining exploration company securities; commodity prices; the actual results of current exploration and development or operational activities; competition; changes in project parameters as plans continue to be refined; accidents and other risks inherent in the mining industry; lack of insurance; delay or failure to receive board or regulatory approvals; changes in legislation, including environmental legislation, affecting Troymet; timing and availability of external financing on acceptable terms; conclusions of economic evaluations; and lack of qualified, skilled labour or loss of key individuals. A description of other assumptions used to develop such forward-looking information and a description of other risk factors that may cause actual results to differ materially from forward-looking information can be found in Troymet's disclosure documents on the SEDAR website at www.sedar.com. Troymet does not undertake to update any forward-looking information except in accordance with applicable securities laws.