BONTERRA RESOURCES INC.

BTR :TSX-V | BONXF :OTCBB | 9BR :FSE

Bonterra Resources Prepares for Field Programs on Gladiator Project, Quebec

Vancouver, BC – July 14, 2015: BonTerra Resources Inc. (TSX-V: BTR) (the "**Company**") is pleased to announce commencement of surface exploration and an old core-cutting program in August on the Company's Gladiator Project.

The surface program will consist of geological mapping and soil geochemistry. These programs will occur on each of the trends (i.e. Spartacus, Crixus, and Gannicus) to either help expand the known potential, or identify new areas for exploration on the Project. After anomalous areas are identified, potential geophysical surveys or diamond drilling will be considered as part of the larger drilling program of building inferred and indicated ounces on the known mineralization.

The old core-cutting program will sample the host rock between high-grade veins and reassay of existing diamond drill holes that need follow up work. This will give a better understanding of the host rock potential for additional resources. This knowledge will aid in the Company's approach to exploration and update and enhance the block model, which will help envision future mining scenarios.

Qualified Person

The 2015 exploration program for the Gladiator Project is under the supervision of John C. Florek, P.Geo, Technical Advisor for the Company, who is a Qualified Person as defined by NI 43-101. Mr. Florek prepared and approved the information contained in this release.

About BonTerra Resources

BonTerra is a Canadian gold exploration company based in Vancouver, BC, focused on continuing to expand its NI 43-101 compliant gold resource on its West Arena Property, part of the world famous Abitibi Greenstone Belt in mining-friendly Quebec. BonTerra's Gladiator Project is in the Urban-Barry Greenstone Belt and is comprised of three properties: *West Arena*, *East Arena*, and *Coliseum Properties*. The Gladiator Project is located approximately 170 km NE of Val-d'Or and 125 km SW of Chibougamau in the Urban, Barry and Bailly townships in Québec.

For further information, please contact Nav Dhaliwal, President, at nav@bonterraresources.com.

ON BEHALF OF THE BOARD OF DIRECTORS

"Nav Dhaliwal"

Nav Dhaliwal, President

604.678-5308

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