

NOT FOR DISTRIBUTION TO U.S. NEWSWIRE SERVICES OR FOR DISSEMINATION IN THE UNITED STATES. ANY FAILURE TO COMPLY WITH THIS RESTRICTION MAY CONSTITUTE A VIOLATION OF U.S. SECURITIES LAWS.

PALISADES VENTURES INC.

PALISADES UPDATES STATUS OF BUSINESS TRANSACTION

Vancouver, British Columbia – June 20, 2017 – Palisades Ventures Inc. (TSX.V: PSV) (“Palisades”) is pleased to announce that further to its latest news release dated June 1, 2017 regarding the proposed business combination with Intermont Exploration, LLC and 1027344 B.C. Ltd. (the “**Transaction**”), the TSX Venture Exchange (“**TSX-V**”) has granted conditional approval of the Transaction.

Palisades also wishes to provide an update to certain information contained in its Filing Statement dated May 29, 2017. The Filing Statement is available on SEDAR.

Regarding the securities to be escrowed on closing of the Transaction, 9,169,600 common shares of Palisades held by principals and 830,400 common shares of Palisades held by non-principals will be placed in TSX-V Tier 2 Value Escrow. The Palisades shares placed in TSX-V Tier 2 Value Escrow will be held in escrow by CST Trust Company, which will release them as follows:

Percentage	Release Date
10%	At the time of TSX-V Bulletin
15%	6 months from TSX-V Bulletin
15%	12 months from TSX-V Bulletin
15%	18 months from TSX-V Bulletin
15%	24 months from TSX-V Bulletin
15%	30 months from TSX-V Bulletin
15%	36 months from TSX-V Bulletin

In addition, 495,270 common shares held by Paul Reynolds, a proposed director of Palisades, will be placed in TSX-V Tier 1 Value Escrow on closing of the Transaction. The Palisades shares placed in TSX-V Tier 1 Value Escrow will be held in escrow by CST Trust Company, which will release them as follows:

Percentage	Release Date
25%	At the time of TSX-V Bulletin
25%	6 months from TSX-V Bulletin
25%	12 months from TSX-V Bulletin
25%	18 months from TSX-V Bulletin

Palisades also announces an update to the information regarding the use of funds on closing of the Transaction. Upon completion of the Transaction, Palisades expects to use its available funds as follows:

Available Funds and Principal Uses	Time Period (Est.)	Allocation assuming minimum financing, USD (Est.)	Allocation assuming maximum financing, USD (Est.)
Estimated available funds as at April 30, 2017		16,028	16,028
Net Proceeds from Palisades Private Placement ⁽¹⁾		1,057,500	1,410,000
Working Capital Deficit	Immediate	(189,000)	(189,000)
Opening Working Capital		884,528	1,237,028
General Administrative Working Capital Requirements	12 months	333,325	357,825
Work Program on Hurricane	12 months	374,750	374,750
Hurricane Option Payments	12 months	25,000	25,000
Staking	12 months	30,000	30,000
Holding Costs on Goldrun Project	12 months	45,000	45,000
Total	12 months	808,075	832,575
Unallocated working capital		76,453	404,453
TOTAL		884,528	1,237,028

Note:

(1) These amounts assume that the finder's fee of 6.0% is applicable to all Units issued.

Palisades has also filed an amended and restated technical report on the Hurricane Property to correct certain minor deficiencies. The disclosure on the Hurricane Property contained in Palisades' Filing Statement remains correct and unchanged.

For further information about Palisades and the Transaction, please contact:

Gordon Steblin
Palisades Ventures Inc.
#2300 – 1066 West Hastings Street, Vancouver, B.C. V6E 3X2
Tel: 778 888-9710

Completion of the Transaction is subject to a number of conditions, including final acceptance from the TSX Venture Exchange. There can be no assurance that the Transaction will be completed as proposed or at all.

Investors are cautioned that, except as disclosed in the Filing Statement, any information released with respect to the Transaction may not be accurate or complete and should not be relied upon. Trading in the securities of Palisades should be considered highly speculative.

The TSX Venture Exchange has in no way passed upon the merits of the proposed Transaction and has neither approved nor disapproved the contents of this press release.

Neither the TSX Venture Exchange, nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

This news release may include forward-looking statements that are subject to risks and uncertainties. All statements within, other than statements of historical fact, are to be considered forward looking. Although Palisades believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results or developments may differ materially from those in forward-looking statements. Factors that could cause actual results to differ materially from those in forward-looking statements include market prices, exploration successes, continued availability of capital and financing, and general economic, market or business conditions. There can be no assurances that such statements will prove accurate and, therefore, readers are advised to rely on their own evaluation of such uncertainties. We do not assume any obligation to update any forward-looking statements except as required under the applicable laws.