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SYMBOL: **TSX-V:** **HRE**
 OTC: **HREEF**

November 22, 2018

STANS ENERGY CORPORATE UPDATE

Toronto, Ontario (FSCwire) - Stans Energy Corp. (the "Company") is pleased to provide an update on ongoing corporate activities.

Litigation

Costs Submissions to the Tribunal were completed by the Parties on schedule on November 2nd, 2018.

Annual General Meeting

Annual General and Special Meeting of the Shareholders of Common Shares of Stans Energy Corp. will be held at the offices of the Corporation at: 1 Yonge Street, Suite 104, 19th Floor, Toronto, Ontario M5E 1E5 on January 22, 2019 at 1:00 PM (Toronto time).

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

About Stans Energy

Stans Energy Corp. is a resource development company focused on advancing rare and specialty metals properties and processing technologies. Stans is now transitioning into a supplier of materials and technologies that will assist in satisfying the future energy supply, storage and transmission needs of the world. Previously, the Company acquired, among other things, the right to mine the past producing rare earth mine, Kutessay II, in the Kyrgyz Republic. Due to the expropriation actions taken by the Government of the Kyrgyz Republic, the Company is undertaking international arbitration litigation to protect the Company's rights and recover damages estimated at over US\$210,000,000, caused by the Republic.

We seek safe harbour.

Contact Details

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FORWARD LOOKING STATEMENTS: This document includes forward-looking statements as well as historical information. Forward-looking statements include, but are not limited to, use of proceeds from the Offering, the completion of the Offering, the continued advancement of the company's general business development, research development and the company's development of mineral exploration projects. When used in this press release, the words "will", "shall", "anticipate", "believe", "estimate", "expect", "intent", "may", "project", "plan", "should" and similar expressions may identify forward-looking statements. Although Stans Energy Corp. believes that their expectations reflected in these forward looking statements are reasonable, such statements involve risks and uncertainties and no assurance can be given that actual results will be consistent with these forward-looking statement. Important factors that could cause actual results to differ from these forward-looking statements include the potential that fluctuations in the marketplace for the sale of minerals, the inability to implement corporate strategies, the ability to obtain financing and other risks disclosed in our filings made with Canadian Securities Regulators.