WILTON RESOURCES INC.

PRESS RELEASE

WILTON RESOURCES INC. ANNOUNCES GRANT OF STOCK OPTIONS

Calgary, Alberta, September 1, 2022 – Wilton Resources Inc. (the "Corporation") (TSXV:WIL), announces that on August 30, 2022 the Board of Directors of the Corporation granted 280,000 stock options (the "**Options**") to purchase common shares of the Corporation ("**Shares**") to certain directors, officers and consultants of the Corporation (the "**Option Holders**"). The Options vest on the date of issuance and are exercisable for a period of five years from the date of grant at an exercise price of $0.54 per Share. Each grant of Options is subject to the approval of the TSX Venture Exchange.

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Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.