



CSE: UMB
OTCQB: UMBBF

May 30, 2016

NEWS RELEASE
For Immediate Release

INCENTIVE STOCK OPTION GRANT

Vancouver, B.C., May 30, 2016 – UMBRAL ENERGY CORP. (CSE: UMB) (OTCQB: UMBBF) (the “**Company**” or “**Umbra**”) announces, that it has granted a total of 4,000,000 incentive stock options to directors/officers/employees and/or consultants under the Company’s Stock Option Plan. The options are exercisable at \$0.08 per share and will expire May 30, 2021. Following this grant of options, the Company has 4,925,000 stock options outstanding.

About Umbra Energy Corp.

The Company is currently listed as a junior resource issuer having mineral exploration projects. The Company is considering other activities to increase shareholder value, including non-resource projects.

The Company has a mineral exploration projects in Utah, Nevada and Quebec, as well as an interest in oil and gas property in Alberta. In addition Umbra has an interest in PhyeinMed, who has applied for a license from Health Canada to legally grow and sell medical marijuana.

ON BEHALF OF THE BOARD OF DIRECTORS OF UMBRAL ENERGY CORP.

“Jag Bal”

Jagdip BAL
President and CEO

NEITHER CANADIAN SECURITIES EXCHANGE NOR ITS REGULATION SERVICES PROVIDER HAVE REVIEWED OR ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.

This news release contains forward-looking information, which involves known and unknown risks, uncertainties and other factors that may cause actual events to differ materially from current expectation. Important factors - including the availability of funds, the results of financing efforts, the results of exploration activities -- that could cause actual results to differ materially from the Company's expectations are disclosed in the Company's documents filed from time to time on SEDAR (see www.sedar.com). Readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date of this press release. The company disclaims any intention or obligation, except to the extent required by law, to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

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