

51-102F3
MATERIAL CHANGE REPORT

Item 1 Name and Address of Company

Rockland Minerals Corp. (the "Company")
600 - 999 West Hastings Street
Vancouver, British Columbia V6C 2W2

Item 2 Date of Material Change

October 28, 2010

Item 3 News Release

The news release was disseminated through Stockwatch and Market News on October 28, 2010.

Item 4 Summary of Material Change

The Company announced that it has granted options to purchase 720,000 common shares under the Company's stock option plan, of which 420,000 were granted to directors and officers and 300,000 to consultants. The granted options have an exercise price of \$0.155 and expire on October 28, 2012.

Item 5 Full Description of Material Change

5.1 Full Description of Material Change

See attached news release.

5.2 Disclosure for Restructuring Transactions

N/A

Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

N/A

Item 7 Omitted Information

None

Item 8 Executive Officer

Ravinder Mlait, President, Chief Executive Officer and Director, (604) 551-7831

Item 9 Date of Report

October 28, 2010



600 - 999 West Hastings Street, Vancouver, B.C., V6C 2W2, Canada www.rocklandminerals.ca

Rockland Grants Stock Options

For Immediate Release, Vancouver, British Columbia, October 28, 2010: Rockland Minerals Corp. (TSX Venture: RL) (the "Company") announced today that it granted options to purchase 720,000 common shares under the Company's stock option plan, of which 420,000 were granted to directors and officers and 300,000 to consultants. The granted options have an exercise price of \$0.155 and expire on October 28, 2012.

Rockland Minerals Corp.

"Ravinder Mlait"

President and CEO

Contact information

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About Rockland

Rockland Minerals Corp. is focused on developing its Schefferville gold property and Retty Lake copper-nickel, platinum group elements (PGE) property, both located in the mining friendly province of Québec, Canada. Rockland is listed on the TSX Venture Exchange under the symbol "RL". To learn more about Rockland please visit www.rocklandminerals.ca

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