BLOCK ONE
CAPITAL INC

BLOCK PROVIDES UPDATE ON STATUS OF MANAGEMENT CEASE TRADE ORDER

Vancouver, British Columbia, January 14, 2019 – (TSXV: BLOK, OTCQB: BKPPF, Frankfurt: ES3) (the "**Company**" or "**Block One**") is providing this update on the status of a management cease trade order granted on January 2, 2019 (the "**MCTO**") by the British Columbia Securities Commission under National Policy 12-203 – *Management Cease Trade Order* ("**NP 12-203**"). On January 2, 2019, the Company announced that, for reasons disclosed in the news release, there would be a delay in the filing of its financial statements and accompanying management's discussion and analysis for the fiscal year ended August 31, 2018 (the "**Annual Filings**") beyond the period prescribed under applicable Canadian securities laws (the "**Default Announcement**").

Block One reports that it anticipates filing the Annual Filings on or about January 21, 2019. Block One previously expected to complete the Annual Filings by January 14, 2019. Further updates on timing will be provided by the Company as necessary.

During the MCTO, the general investing public will continue to be able to trade in the Company's listed common shares. However, the Company's chief executive officer and chief financial officer are not permitted to trade in the Company's shares.

Other than as disclosed in this news release, there are no material changes to the information contained in the Default Announcement. The Company confirms that it intends to satisfy the provisions of NP 12-203 and will continue to issue bi-weekly default status reports for so long as it remains in default of the Annual Filings requirement.

For more information on Block One, please visit the Company's website at www.blockonecap.com, or contact the Company at info@blockonecap.com.

"Sothi Thillairajah"
Chief Executive Officer

Forward-Looking Information

This news release contains forward-looking statements that are based on the Company's expectations, estimates and projections regarding its business and the economic environment in which it operates, including, without limitation, statements regarding the timing and completion of necessary accounting and review procedures to complete the Annual Filings and other factors beyond our control. Although Block One believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and involve risks and uncertainties that are difficult to control or predict. Therefore, actual outcomes and results may differ materially from those expressed in these forward-looking statements and readers should not place undue reliance on such statements. Factors that could cause actual results to differ materially from those in forward-looking statements include general economic, market or business *conditions, including the general acceptability of blockchain, risks associated with regulatory changes and the retail sector generally, availability of personnel, materials and equipment on a timely basis, accidents or equipment breakdowns, uninsured risks and receipt of necessary TSX Venture Exchange approvals. Important risks that could cause the Company's actual results, revenues, performance or achievements to differ materially from the Company's expectations include, among other things, risks found in the Company's audited annual financial statements for the year ended August 31, 2017, which is available on SEDAR at www.sedar.com. These forward-looking statements speak only as of the date on which they are made, and the Company undertakes no obligation to update them publicly to reflect new information or the occurrence of future events or circumstances, unless otherwise required to do so by law.*