

LETTER OF CONSENT

Alberta Securities Commission
British Columbia Securities Commission
Saskatchewan Financial Services Commission
Manitoba Securities Commission
Ontario Securities Commission
Autorité des marchés financiers
New Brunswick Securities Commission
Nova Scotia Securities Commission
Department for Government Services and Lands for Newfoundland and Labrador
Deputy Registrar, Securities Division for Prince Edward Island

Re: ARC Resources Ltd. (the "Corporation")
Short Form Prospectus (the "Prospectus") dated August 15, 2012

We refer to our report dated February 15, 2012 evaluating the crude oil, natural gas, natural gas liquids and sulphur reserves attributable to the Corporation's properties at December 31, 2011 and evaluating the natural gas and natural gas liquids resources from the Corporation's lands in northeastern British Columbia comprised of the Dawson, Parkland, Tower, Sunrise/Sunset, Attachie, Septimus, Sundown and Blueberry areas and the Corporation's lands in northwestern Alberta in the Pouce Coupe area (the "**Report**").

We hereby consent to the use of our firm's name and to the use of our Report in the Prospectus and in the documents incorporated by reference in the Prospectus.

We have read the Prospectus and the documents incorporated by reference therein and have no reason to believe that there is any misrepresentation in the information contained therein derived from our Report or that is within our knowledge as a result of the services we provided in preparing the Report.

Yours truly,

GLJ PETROLEUM CONSULTANTS LTD.



Bryan M. Joa, P. Eng.
Vice President

Calgary, Alberta
August 15, 2012