

NEWS RELEASE

July 17, 2017

ARC RESOURCES LTD. CONFIRMS AUGUST 15, 2017 DIVIDEND AMOUNT

CALGARY, July 17, 2017 (ARX - TSX) ARC Resources Ltd. ("ARC") confirms that an eligible dividend of \$0.05 per share will be paid on August 15, 2017 to shareholders of record on July 31, 2017. The ex-dividend date is July 27, 2017. As at July 17, 2017, the trailing 12-month payments to investors, including the July 17, 2017 payment, total \$0.60 per share.

ARC is one of Canada's largest conventional oil and gas companies with an enterprise value of approximately \$6.6 billion. ARC's common shares trade on the TSX under the symbol ARX.

ARC RESOURCES LTD.

Myron M. Stadnyk
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