

NEWS RELEASE

August 15, 2017

ARC RESOURCES LTD. CONFIRMS SEPTEMBER 15, 2017 DIVIDEND AMOUNT

CALGARY, August 15, 2017 (ARX - TSX) ARC Resources Ltd. ("ARC") confirms that an eligible dividend of \$0.05 per share will be paid on September 15, 2017 to shareholders of record on August 31, 2017. The ex-dividend date is August 29, 2017. As at August 15, 2017, the trailing 12-month payments to investors, including the August 15, 2017 payment, total \$0.60 per share.

ARC is one of Canada's largest conventional oil and gas companies with an enterprise value of approximately \$6.1 billion. ARC's common shares trade on the TSX under the symbol ARX.

ARC RESOURCES LTD.

Myron M. Stadnyk
President and Chief Executive Officer

For further information about ARC Resources Ltd., please visit our website

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