

NEWS RELEASE**March 15, 2018****ARC RESOURCES LTD. CONFIRMS APRIL 16, 2018 DIVIDEND AMOUNT**

CALGARY, March 15, 2018 (ARX - TSX) ARC Resources Ltd. ("ARC") confirms that an eligible dividend of \$0.05 per share will be paid on April 16, 2018 to shareholders of record on March 29, 2018. The ex-dividend date is March 28, 2018. As at March 15, 2018, the trailing 12-month payments to investors, including the March 15, 2018 payment, total \$0.60 per share.

ARC is one of Canada's largest conventional oil and gas companies with an enterprise value of approximately \$5.2 billion. ARC's common shares trade on the TSX under the symbol ARX.

ARC RESOURCES LTD.

Myron M. Stadnyk
President and Chief Executive Officer

For further information about ARC Resources Ltd., please visit our website

www.arcresources.com

or contact:

Investor Relations, E-mail: ir@arcresources.com

Telephone: (403) 503-8600 Fax: (403) 509-6427

Toll Free: 1-888-272-4900

ARC Resources Ltd.

Suite 1200, 308 – 4th Avenue S.W.

Calgary, AB T2P 0H7