



FIRST GROWTH HOLDINGS LTD.
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FIRST GROWTH ANNOUNCES THE GRANT OF STOCK OPTIONS

VANCOUVER, B.C. - December 17, 2015 - **First Growth Holdings Ltd.** (FGH: TSX-V) ("**First Growth**" or the "**Company**") announces that it has granted stock options to one of its directors and an officer of its subsidiary to purchase a total of 500,000 common shares of the Company pursuant to the terms of the Company's stock option plan. All of the options are exercisable at a price of \$0.05 per share until December 17, 2019.

First Growth is a Canadian-based company that identifies and develops strong brands in the Canadian and international markets. First growth's brands have a global reach in today's modern world with the rapid adoption of social media and advancements in technology. First Growth recognizes the potential for its brands to penetrate international markets and will be focused on developing each one of its brands to its fullest potential.

ON BEHALF OF FIRST GROWTH HOLDINGS LTD.:

"Han Liang Pan"

Han Liang Pan

Chairman of the Board of Directors

FOR MORE INFORMATION, PLEASE CONTACT:

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