

November 10, 2025

Computershare
510 Burrard Street, 3rd Floor
Vancouver BC, V6C 3B9
www.computershare.com

To: All Canadian Securities Regulatory Authorities

AMENDED – SEE Highlighted

Subject: ELSE NUTRITION HOLDINGS INC.

Dear Sir/Madam:

We advise of the following with respect to the upcoming Meeting of Security Holders for the subject Issuer:

Meeting Type :	Annual General Meeting
Record Date for Notice of Meeting :	November 10, 2025
Record Date for Voting (if applicable) :	November 10, 2025
Beneficial Ownership Determination Date :	November 10, 2025
Meeting Date :	December 17, 2025
Meeting Location (if available) :	Vancouver, BC
Issuer sending proxy related materials directly to NOBO:	No
Issuer paying for delivery to OBO:	No

Notice and Access (NAA) Requirements:

NAA for Beneficial Holders	No
NAA for Registered Holders	No

Voting Security Details:

Description	CUSIP Number	ISIN
COMMON CLASS	290257500	CA2902575000

Sincerely,

Computershare

Agent for ELSE NUTRITION HOLDINGS INC.