



ARGENT ENERGY TRUST CONFIRMS MARCH 2015 DISTRIBUTION

NOT FOR DISTRIBUTION IN THE UNITED STATES OR OVER UNITED STATES WIRE SERVICES

FOR IMMEDIATE RELEASE

Calgary, Alberta, March 19, 2015 – **Argent Energy Trust** ("Argent" or the "Trust") (**TSX: AET.UN**) today announced that the cash distribution to be paid on April 23, 2015, in respect of the period from and including March 1 to March 31, 2015, for unitholders of record on March 31, 2015 will be \$0.01 per trust unit. The ex-distribution date is March 27, 2015.

The annualized distribution of \$0.12 per trust unit represents a cash-on-cash yield of approximately 26.67% based on the closing price of the trust units on the Toronto Stock Exchange on March 18, 2015 of \$0.45¹.

Argent is a mutual fund trust under the *Income Tax Act* (Canada). Argent's objective is to create stable, consistent returns for investors through the acquisition and development of oil and natural gas reserves and production with low risk exploration potential, located primarily in the United States. Material information pertaining to Argent Energy Trust may be found on www.sedar.com or www.argentenergytrust.com.

For further information concerning this press release, please contact:

John Elzner
President & CEO
Argent Energy Trust
(281) 847-1888

Sean Bovingdon
Chief Financial Officer
Argent Energy Trust
(403) 770-4809

¹ Unlike fixed income securities, Argent has no obligation to distribute any fixed amount and reductions in, or suspension of, cash distributions may occur that would reduce future yield.