# Benton Makes New Gold Discovery on Panama Project in Red Lake Mining District

Thunder Bay, Ontario--(Newsfile Corp. - September 18, 2018) - Benton Resources Inc. (TSXV: BEX) ("Benton" or "the Company") is pleased to announce that during recent prospecting the Company has made a new discovery on the Panama Lake Gold project. A total of 24 samples were collected across the project area, six of which show promising results in a previously underexplored area. Five samples collected from an altered and silicified sedimentary iron formation containing quartz veining, pyrite, pyrrhotite and arsenopyrite, graded between 0.17g/t Au and 6.17g/t Au. The sampling was completed in a poorly-exposed area over 20m long and located approximately 275m northwest of the Geological Survey of Canada (GSC) till sample, *92-SBB-142,* which contained 107 gold grains, the highest count in the regional-scale survey. Another sample containing 0.68g/t Au was collected 100m southwest of the GSC till sample. The new showings are associated with a distinct magnetic high (Ontario Geological Survey, 2003, Uchi-Bruce Lakes Area Airborne Survey), which extends for over 120km.

Maps can be viewed on the Company website, which show the Panama Project with relation to Great Bear Resources Ltd.'s ("Great Bear") discovery at their Dixie project in the Red Lake district (see Great Bear's press release dated August 22, 2018). Benton has now mobilized a crew to continue exploration on the Panama project, which lies 60km east of Great Bear's Dixie Project. Benton has also staked a number of new cell claims enlarging the Panama project to 4250 hectares. The Panama Lake gold project is hosted in the Red Lake mining district, 55km northeast of the town of Ear Falls and is accessible by road. Historical work is minimal and the last diamond drill campaign on the property was completed by Noranda Exploration Co. Ltd. in 1988 where 8 widely-spaced diamond drill holes over a 1.4km strike-length yielded results of up to 2.8g/t Au over 4.5m within a 20-30m wide mineralized shear zone.

About Benton Resources Inc. (TSXV: BEX)

Benton Resources Inc. is a well-funded Canadian-based project generator with a diversified property portfolio in Gold-Silver, Nickel, Copper, and Platinum group elements. Benton holds multiple high-grade projects available for option, which can be viewed on the company's web site. Most projects have an up-to-date NI 43-101 report available. Interested parties can contact Stephen Stares using the contact information below.

Nathan Sims (P.Geo.), Senior Exploration manager for Benton Resources Inc., is the qualified person responsible for this release and has prepared or supervised the preparation of or reviewed and approved the scientific and technical disclosure in this news release.

On behalf of the Board of Directors of Benton Resources Inc.,

"Stephen Stares"

Stephen Stares, President

*THE TSX VENTURE EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.*

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*Forward-looking statements are subject to a variety of risks and uncertainties which could cause actual events or results to differ from those reflected in the forward-looking statements, including, without limitation: risks related to failure to obtain adequate financing on a timely basis and on acceptable terms; risks related to the outcome of legal proceedings; political and regulatory risks associated with mining and exploration; risks related to the maintenance of stock exchange listings; risks related to environmental regulation and liability; the potential for delays in exploration or development activities or the completion of feasibility studies; the uncertainty of profitability; risks and uncertainties relating to the interpretation of drill results, the geology, grade and continuity of mineral deposits; risks related to the inherent uncertainty of production and cost estimates and the potential for unexpected costs and expenses; results of prefeasibility and feasibility studies, and the possibility that future exploration, development or mining results will not be consistent with the Company's expectations; risks related to gold price and other commodity price fluctuations; and other risks and uncertainties related to the Company's prospects, properties and business detailed elsewhere in the Company's disclosure record. Should one or more of these risks and uncertainties materialize, or should underlying assumptions prove incorrect, actual results may vary materially from those described in forward-looking statements. Investors are cautioned against attributing undue certainty to forward-looking statements. These forward looking statements are made as of the date hereof and the Company does not assume any obligation to update or revise them to reflect newevents or circumstances. Actual events or results could differ materially from the Company's expectations or projections*

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