Benton to Exhibit at the 2023 PDAC: Kraken Lithium Core to Be Displayed in the Core Shack

Thunder Bay, Ontario--(Newsfile Corp. - March 3, 2023) - **Benton Resources Inc.** (**TSXV: BEX**) ("Benton" or the "Company") is pleased to report that the Company will be attending the Prospectors & Developers Association of Canada (PDAC) Convention at the Metro Toronto Convention Centre from Sunday, March 5th to Wednesday, March 8th. The Company invites investors and interested parties to visit the Benton team, Sunday through Wednesday at **Booth #2117** located in the Investors Exchange area. In addition, the Company will also display core, from the recent diamond-drilling program at the Kraken Lithium discovery in southwestern Newfoundland, at the PDAC Core Shack located on Level 800, **Booth #3109B** on March 7th from 10:00 am – 5:00 pm and March 8th from 9:00 am – 12:00 pm.

About Benton Resources Inc.

Benton Resources is a well-financed mineral exploration company listed on the TSX Venture Exchange under the symbol BEX. Following a project generation business model, Benton has a diversified, highly prospective property portfolio of gold, silver, nickel, copper, platinum group elements and, most recently, lithium and cesium assets. In addition, it currently holds large equity positions in other mining companies that are advancing high-quality assets. Whenever possible, BEX retains net smelter return (NSR) royalties with potential long-term cash flow.

Benton also is a 50/50 partner in a strategic alliance with Sokoman Minerals Corp. through three large-scale joint venture properties, including Grey River Gold, Golden Hope and Kepenkeck in Newfoundland.

On behalf of the Board of Directors of Benton Resources Inc.,

"Stephen Stares"

Stephen Stares, President & CEO

Parties interested in seeking more information about properties available for option can contact Mr. Stares at the number below.

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Forward-looking statements are subject to a variety of risks and uncertainties which could cause actual events or results to differ from those reflected in the forward-looking statements, including, without limitation: risks related to failure to obtain adequate financing on a timely basis and on acceptable terms; risks related to the outcome of legal proceedings; political and regulatory risks associated with mining and exploration; risks related to the maintenance of stock exchange listings; risks related to environmental regulation and liability; the potential for delays in exploration or development activities or the completion of feasibility studies; the uncertainty of profitability; risks and uncertainties relating to the interpretation of drill results, the geology, grade and continuity of mineral deposits; risks related to the inherent uncertainty of production and cost estimates and the potential for unexpected costs and expenses; results of prefeasibility and feasibility studies, and the possibility that future exploration, development or mining results will not be consistent with the Company's expectations; risks related to gold price and other commodity price fluctuations; and other risks and uncertainties related to the Company's prospects, properties and business detailed elsewhere in the Company's disclosure record. Should one or more of these risks and uncertainties materialize, or should underlying assumptions prove incorrect, actual results may vary materially from those described in forward-looking statements. Investors are cautioned against attributing undue certainty to forward-looking statements. These forward-looking statements are made as of the date hereof and the Company does not assume any obligation to update or revise them to reflect newevents or circumstances. Actual events or results could differ materially from the Company's expectations or projections

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