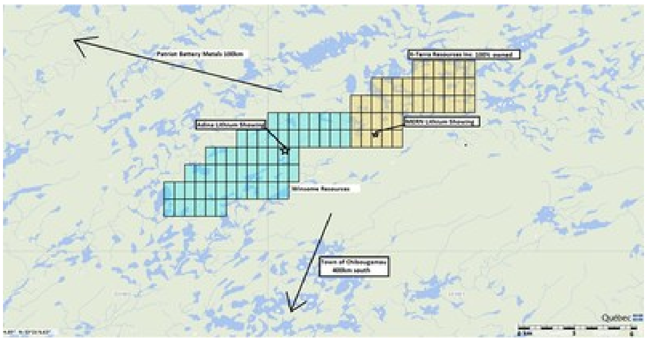
X-TERRA RESOURCES COMMENTS RECENT WORK AT ADINA LITHIUM PROJECT

ROUYN-NORANDA, QC, Nov. 7, 2022 /CNW Telbec/ - X-Terra Resources Inc. (TSXV: XTT) (FRANKFURT: XTR) ("**X-Terra**") is interested with the recent work Winsome Resources (ASX: WR1) has completed at its Adina project, which lies directly adjacent and on strike to X-Terra's 100% owned Liberty Lithium property in James Bay region, Québec (see X-Terra press release dated June 8, 2022).

Recent drilling by Winsome has highlighted more than 160 metres of pegmatite collectively intercepted in drilling below the recently discovered Jamar outcrop at Adina. In addition, most recent assays from the Jamar outcrop have yielded exceptional grades of up to 4.89% Li_2O (see Winsome press release dated October 28, 2022).

"Winsome Resources have made a very important discovery in their recent drilling program at Adina, highlighting the potential for another significant lithium deposit. X-Terra has completed its compilation and targeting initiatives and expect commencing an exploration program shortly, as the weather permits", stated Michael Ferreira, President and Chief Executive Officer of X-Terra.



(CNW Group/X-Terra Resources Inc.)

Qualified Person

Jeannot Théberge, P. Geo registered in the Province of Québec, a consultant to X-Terra, a qualified person *under National Instrument 43.101 Standards of Disclosure for Mineral Projects* has reviewed the technical contents of this news release and has approved the disclosure of the technical information contained herein.

About X-Terra

X-Terra Resources is a resource company focused on acquiring and exploring precious metals properties in Canada.

Forward-Looking Statements

This news release contains statements that may constitute "forward-looking information" within the meaning of applicable Canadian securities legislation. Forward-looking information may include, among others, statements regarding the future plans, costs, objectives or performance of X-Terra Resources, or the assumptions underlying any of the foregoing. In this news release, words such as "may", "would", "could", "will", "likely", "believe", "expect", "anticipate", "intend", "plan", "estimate" and similar words and the negative form thereof are used to identify forward-looking statements. Forward-looking statements should not be read as guarantees of future performance or results, and will not necessarily be accurate indications of whether, or the times at or by which, such future performance will be achieved. No assurance can be given that any events anticipated by the forward-looking information will transpire or occur, including any exploration programs on or the development of, the Liberty Lithium property, the results from exploration assays, the timing of the exploration programs and development of the Liberty Lithium, or what benefits X-Terra will derive from the Liberty Lithium property. Forward-looking information is based on information available at the time and/or management's good-faith belief with respect to future events and are subject to known or unknown risks, uncertainties, assumptions and other unpredictable factors, many of which are beyond X-Terra Resources' control. These risks, uncertainties and assumptions include, but are not limited to, those described under "Financial Instruments" and "Risk and Uncertainties in X-Terra Resources' Annual Report for the fiscal year ended December 31, 2021, a copy of which is available on SEDAR at www.sedar.com, and could cause actual events or results to differ materially from those projected in any forward-looking statements. X-Terra Resources does not intend, nor does X-Terra Resources undertake any obligation, to update or revise any forward-looking information contained in this news release to reflect subsequent information, events or circumstances or otherwise, except if required by applicable laws.

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