FORM 7

MONTHLY PROGRESS REPORT

Name of CNQ Issuer: **Targeted Microwave Solutions Inc.** (the "Issuer").

Trading Symbol: **TMS**

Number of Outstanding Listed Securities: **179,500,076**

Date: **Month of May 2015**

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by the CNSX Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the CNSX.ca website.

This report is intended to keep investors and the market informed of the Issuer's on-going business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the CNSX Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

(a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.

(b) The term "Issuer" includes the Issuer and any of its subsidiaries.

(c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

   During the month of May, the Issuer acquired substantially all of the assets and liabilities relating to the TMS Technology (as defined below) from MicroCoal Technologies Inc. ("MTI") pursuant to a plan of arrangement (the "Arrangement") approved by the shareholders of MTI and the British Columbia Supreme Court in consideration for 179,500,076 common shares of the Issuer (the "Shares"). Pursuant to the Arrangement, the Shares were distributed to the shareholders of MTI, and, on May 22, 2015, the Shares were listed on the Canadian Securities Exchange under trading symbol "TMS".

2. Provide a general overview and discussion of the activities of management.

The TMS Technology

The Issuer is a research and development company that is in the business of developing a process to use microwave energy and related process technologies to transform coal and other aggregates into higher quality and higher value industrial materials (the "TMS Technology"). The TMS Technology is a proprietary on-site process that is being designed to dehydrate high moisture coals at or near power utilities prior to use for power generation. The TMS Technology is expected to help accelerate the existing trend of fuel switching to lower-rank, cleaner burning subbituminous coals, including Powder River Basin (Western) coal.

The Issuer

The Issuer completed construction of a commercial-scale demonstration plant incorporating the TMS Technology in King William, Virginia (the "Virginia Plant"), in June 2015, which is currently in the commissioning phase. The Virginia Plant is designed to showcase the live operation of the TMS Technology while also serving as a testing ground for the Issuer's research and development personnel to optimize and refine the TMS Technology processes for commercial application. The Virginia Plant is situated on a five-acre parcel of leased land in Fontaine Industrial Park where, in addition to the processing plant, the Issuer also has a laboratory and a coal storage building.

As part of its global growth objectives, the Issuer has entered into joint venture agreements for two of the world's key coal markets: one for China, and the other for India. As part of the Chinese joint venture, the Issuer's majority-owned Hong Kong subsidiary has leased a coal research and development center ("Songjiang Facility") in the Songjiang District of Shanghai, China. The proximity of the Songjiang Facility to the Asian coal markets is expected to allow it to fulfill its primary function, which is to receive and evaluate Asian coals for TMS Technology upgrading. In India, the Issuer is in the process of establishing a marketing and sales office with its joint venture partner in Ahmedabad, Gujarat Province.

The Issuer's goal is to become a global leader in industrial microwave upgrading processes. To this end, in addition to the TMS Technology, the Issuer is also researching the development of proprietary microwave penetration analytical systems and high capacity microwave transmitters with potential applications in a variety of industries.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

None.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

   None.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

   None.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

   Pursuant to the Arrangement, the Issuer issued 179,500,076 Shares to acquire the business relating to the TMS Technology from MTI, formerly the parent company of the Issuer.

8. Describe the acquisition of new customers or loss of customers.

   None.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

   None.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

    Following completion of the Arrangement, the Issuer engaged substantially all of the officers and consultants formerly engaged by MTI.

11. Report on any labour disputes and resolutions of those disputes if applicable.

    None.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

    None.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

None.

14. Provide details of any securities issued and options or warrants granted.

Pursuant to the Arrangement, the Issuer issued 179,500,076 Shares and warrants exercisable for an aggregate of up to 38,008,663 Shares. During the month of May 2015, the Issuer determined to: (i) grant options and other share-based awards pursuant to its long-term performance incentive plan pursuant to which a maximum of 21,875,000 Shares may be issued; and (ii) issue an aggregate of 4,600,000 Shares as a bonus to certain directors, officers and consultants.

15. Provide details of any loans to or by Related Persons.

None.

16. Provide details of any changes in directors, officers or committee members.

Following completion of the Arrangement, the Issuer's board is comprised of Dr. James Young (Chairman), Dr. Rajiv Modi, Stephen Crocker, Ian Hume and William Hudson. The Issuer's Audit Committee is comprised of Messrs. Crocker (Chair), Young, Modi and Hudson, and the Issuer's Compensation and Corporate Governance Committee is comprised of Messrs. Young (Chair), Modi, Hume and Crocker. The Issuer's senior executive officers are Lawrence Siegel (Chief Executive Officer), Tom Stefan (Chief Financial Officer) and Jan Kindler (Vice President, Business Development and Corporate Secretary).

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The trends and risks which are likely to impact the Issuer are detailed in Item 17 *Risk Factors* of the Issuer's Form 2A - Listing Statement dated May 19, 2015.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.

2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.

3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 7 Monthly Progress Report is true.

Dated **June 4, 2015**.

Larry Siegel
Name of Director or Senior Officer

/"Larry Siegel"/
Signature

CEO
Official Capacity

Issuer Details *Name of Issuer* **Targeted Microwave Solutions Inc.**	*For Month End* **May 2015**	*Date of Report* *YY/MM/DD* **2015/06/04**
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City/Province/Postal Code **Vancouver, BC V6E 3X2**	*Issuer Fax No.* **604-601-8436**	*Issuer Telephone No.* **778-995-5833**
Contact Name **Larry Siegel**	*Contact Position* **CEO**	*Contact Telephone No.* **818-203-3139**
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