

September 12, 2023

To: All Canadian Securities Regulatory Authorities

Subject: CARESPAN HEALTH, INC.

Dear Sir/Madam:

We advise of the following with respect to the upcoming Meeting of Security Holders for the subject Issuer:

Meeting Type :	Annual General Meeting
Record Date for Notice of Meeting :	October 03, 2023
Record Date for Voting (if applicable) :	October 03, 2023
Beneficial Ownership Determination Date :	October 03, 2023
Meeting Date :	November 08, 2023
Meeting Location (if available) :	Vancouver, BC
Issuer sending proxy related materials directly to NOBO:	No
Issuer paying for delivery to OBO:	No

Notice and Access (NAA) Requirements:

NAA for Beneficial Holders	No
NAA for Registered Holders	No

Voting Security Details:

Description	CUSIP Number	ISIN
COMMON	14174J109	CA14174J1093

Sincerely,

CARESPAN HEALTH, INC.

"Rembert De Villa"
Director and Chief Executive Officer