

European Energy Metals Announces Appointment of Larry Taddei to Its Board of Directors

Vancouver, British Columbia--(Newsfile Corp. - September 8, 2023) - European Energy Metals (TSXV: FIN) (FSE: W28) (OTC Pink: EUEMF) ("**European Energy**" or the "**Company**") is pleased to announce that Mr. Larry Taddei has been appointed as a director of the Company.

Larry Taddei brings seventeen years of experience as a senior executive in the mineral resource industry, culminating in twelve years as the Chief Financial Officer of MAG Silver Corp. where he was instrumental in its growth. His relationships extend to the investment community, playing a lead role in defining capital structure and balance sheet management. He was responsible for all aspects of MAG's financial operations, including treasury, taxation, IT systems, insurance, and risk management. He also played a key role in the company's governance guidelines, policies, and procedures, as well as expanding ESG disclosures and policies. Mr. Taddei is a Chartered Professional Accountant with the Chartered Professional Accountants of British Columbia and an Accredited Director with the Chartered Governance Institute of Canada. He holds a Bachelor of Commerce Degree from the University of British Columbia.

"We are delighted that Larry has agreed to serve as a director," commented European Energy Metals CEO Jeremy Poirier. "His significant experience in the mineral resource industry and depth of business leadership will strengthen our board and the Company as a whole," he continued.

The Company also announces that it has granted Mr. Taddei 250,000 incentive stock options of the Company in accordance with the Company's Omnibus Equity Incentive Plan. The options are exercisable at \$0.40 per share for a period of five years from the date of grant and are subject to the policies of the TSX Venture Exchange.

About European Energy Metals Corp.

European Energy Metals Corp. is a junior mining company currently focussed on the Lithium-Cesium-Tantalum Finnish Pegmatite Project in central Finland. Governing bodies in Europe and Finland are legislating environmentally friendly and energy independent laws and policies. One of the key components is access to REE and, specifically, lithium. The company concessions are located within 11 miles of Keliber mine being constructed which is expected to begin production H2 2025.

FOR FURTHER INFORMATION PLEASE CONTACT:

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Cautionary Statements Regarding Forward-Looking Information

This news release contains forward-looking information within the meaning of applicable securities legislation. Forward-looking information is typically identified by words such as: believe, expect, anticipate, intend, estimate, postulate and similar expressions, or are those, which, by their nature, refer to future events. Such statements include, without limitation, statements regarding the future

results of operations, performance and achievements of the Company, including the presence of lithium mineralization at, and the exploration and development potential of, the Finland Pegmatite Project. Although the Company believes that such statements are reasonable, it can give no assurances that such expectations will prove to be correct. All such forward-looking information is based on certain assumptions and analyses made by the Company in light of their experience and perception of historical trends, current conditions and expected future developments, as well as other factors management believes are appropriate in the circumstances. This information, however, is subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those projected in the forward-looking information. Important factors that could cause actual results to differ from this forward-looking information include the costs of any anticipated work programs and the ability to fund such costs, required approvals in connection with any work programs and the ability to obtain such approvals, risks inherent in exploration as well as those described under the heading "Risks and Uncertainties" in the Company's most recently filed MD&A. The Company does not intend, and expressly disclaims any obligation to, update or revise the forward-looking information contained in this news release, except as required by law. Readers are cautioned not to place undue reliance on forward-looking information.

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