

2 March 2023

BENCHMARK HOLDINGS PLC
("Benchmark" or the "Company" or the "Group")

DIRECTOR DEALINGS

The Company has been informed that Yngve Myhre, Non-Executive Director, purchased 200,000 ordinary shares of 0.1 pence each in Benchmark ("Ordinary Shares") at a price of 38.35 pence per share on 1 March 2023, purchased by Nima Invest AS, a company solely owned by Mr Myhre.

Following this transaction, Yngve's total beneficial interest in the Company is 1,326,401 Ordinary Shares, representing approximately 0.18 per cent. of the Company's issued share capital.

The notification below, made in accordance with the requirements of the EU Market Abuse Regulation, provides further detail.

Notification and public disclosure of a transaction by a person discharging managerial responsibilities.

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Yngve Myhre through Nima Invest AS, a company solely owned by Mr Myhre.
2	Reason for the notification	
a)	Position/status	Non-Executive Director
b)	Initial notification /Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Benchmark Holdings plc

b)	LEI	2138001UQHM4VZGXUJ19						
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted							
a)	Description of the financial instrument, type of instrument Identification code	0.1p ordinary shares ISIN: GB00BGHPT808						
b)	Nature of the transaction							
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> <td></td> </tr> <tr> <td>38.35 pence</td> <td>200,000</td> <td></td> </tr> </table>	Price(s)	Volume(s)		38.35 pence	200,000	
Price(s)	Volume(s)							
38.35 pence	200,000							
d)	Aggregated information							
	- Aggregated volume	200,000						
	- Price	38.35 pence						

	- Aggregated total	£76,700
e)	Date of the transaction	1 March 2023
f)	Place of the transaction	London Stock Exchange, AIM

-Ends-

Benchmark Holdings plc

Tel: 020 7920 3150

Ivonne Cantu, Investor Relations Director

Rachel Aninakwah, Communications

Numis

Tel: 020 7260 1000

Freddie Barnfield/ Duncan Monteith (NOMAD)

MHP

Katie Hunt / Reg Hoare /Alistair de Kare-Silver

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About Benchmark

Benchmark is a market leading aquaculture biotechnology company. Benchmark's mission is to drive sustainability in aquaculture by delivering products and solutions in genetics, advanced nutrition and health which improve yield, growth and animal health and welfare.

Through a global footprint in 26 countries and a broad portfolio of products and solutions, Benchmark addresses many of the major aquaculture species - salmon, shrimp, sea bass and sea bream, and tilapia - in all the major aquaculture regions around the world. Find out more at www.benchmarkplc.com