Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities/person closely associate			
a)	Name	Ola Lorentzon		
2	Reason for the notification			
a)	Position/status	Chairman of Frontline plc		
b)	Initial notification / Amendment	Initial notification		
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor			
a)	Name	Frontline plc		
b)	LEI	5493004BCIKYU1YL3H63		
4	Details of the transaction(s): section to the repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument	Synthetic options giving a right to cash settlements depending on the development of the company's share price.		
	Identification code	ISIN: CY0200352116		
b)	Nature of the transaction	Ola Lorentzon has on November 24 th , 2025, exercised 28,000 synthetic options in Frontline plc (the " Company ") under its share option scheme approved by the Board of Directors of the Company on December 7, 2021. The exercise price is NOK 20,69, adjusted from NOK 81 due to \$5.71 dividend paid per share since the options were granted.		
c)	Price(s) and volume(s)	Price:	Volume:	
		NOK 255.817	28,000 synthetic options	
d)				
d)	Aggregated information			
d)	Aggregated information - Aggregated volume	28,000 synthetic options		
d)		28,000 synthetic options NOK 255.817		

f)	Place of the transaction	Off market