

STINA OSTLUND VASU

**NO.6, CATHEDRAL ROAD
CHENNAI 600 086**

April 01, 2019

- (1) **BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street
Mumbai 400
001**
- (2) **National Stock Exchange of India Limited
Exchange Plaza, C-1, Block G
Bandra Kurla Complex
Bandra (E)
Mumbai 400 051**
- (3) **M/s TTK Healthcare Limited
No.6, Cathedral Road
Chennai 600 086**

TARGET COMPANY	TTK HEALTHCARE LIMITED
BSE SCRIP CODE	507747
NSE SCRIP CODE	TTKHLTCARE

Dear Sirs,

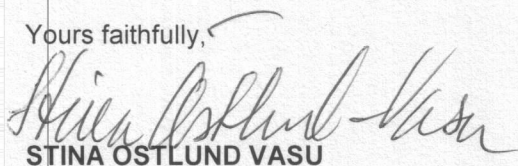
**Re : Disclosure under Regulation 30(1) & 30(2) of SEBI (Substantial
Acquisition of Shares and Takeovers) Regulations, 2011**

I am forwarding herewith Disclosure under Regulation 30(1) and 30(2) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011, as of 31st March, 2019.

Please take the above information on record.

Thanking you,

Yours faithfully,


STINA OSTLUND VASU

Encl: a/a

DISCLOSURE UNDER REGULATION 30(1) AND 30(2) OF SEBI (SUBSTANTIAL ACQUISITION OF SHARES AND TAKEOVERS) REGULATIONS, 2011

PART-A - DETAILS OF SHAREHOLDING

1.	Name of the Target Company (TC)	:	TTK HEALTHCARE LIMITED		
2.	Name(s) of the Stock Exchange(s) where the shares of the TC are listed	:	BSE Limited, Mumbai		
			National Stock Exchange of India Limited, Mumbai		
3.	Particulars of the Shareholder(s):	:			
a.	Name of person(s) together with Persons Acting in Concert (PAC) whose total holding (including that in the form of Shares, Warrants, Convertible Securities and any other instrument that would entitle the holder to receive shares in the TC) is more than 25	:			
	or	:			
b.	Name(s) of Promoter(s), Member of the promoter group and PAC with him.	:	Stina Ostlund Vasu		
4.	Particulars of the Shareholding of person(s) mentioned at (3) above	:	Number of Shares	% w.r.t. Total Share / Voting Capital, wherever applicable	% of Total Diluted Share / Voting Capital of TC (*)
	As of 31st March, 2019, holding of:				
(a)	Shares		185	0.001	0.00
(b)	Voting Rights (otherwise than by shares)		-	-	-
(c)	Warrants		-	-	-
(d)	Convertible Securities		-	-	-
(e)	Any other Instrument that would entitle the holder to receive shares in the TC		-	-	-
	Total		185	0.001	0.00