

08.07.219

To
The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051

Scrip Code: 540203

Symbol: SFL

Subject: Closure of trading window

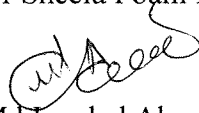
Dear Sir/Madam

Pursuant to the provisions of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, amendment thereof, trading window for Sheela Foam Limited shares is closed from, July 8, 2019 till end of 48 hours after the Financial Results for the quarter ending June 30, 2019 are made public.

Thanking you,

Yours truly,

For Sheela Foam Limited



(Md Iqbal Ahmad)

Company Secretary and Compliance Officer

SHEELA FOAM LTD.

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