



Date- 23rd November 2022

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip Code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051
NSE Symbol: SFL

Subject: Intimation under Listing Regulations about participation in the Investor Conference

Dear Sir / Madam,

Pursuant to Regulation 30 and other relevant provisions of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015, we wish to inform that the Company will be participating in investor/analyst conference calls on Wednesday, November 23, 2022, at 11.00 AM IST to have general discussions about post declaration of financial result organized by Edelweiss Alternative Equity.

Thanking you.

Yours faithfully,
For **Sheela Foam Limited**

Md Iquebal Ahmad
Company Secretary and Compliance Officer

SHEELA FOAM LTD.

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