

HEM HOLDINGS AND TRADING LIMITED

REGD. OFF. 601 /602 A, FAIRLINK CENTRE OFF. ANDHERI LINK ROAD
ANDHERI (W) , MUMBAI 400 053, TEL NO. 40034768

Email : compliance@hemholdings.com/investors@hemholdings.com

CIN: L65990MH1982PLC026823

Date: 25.06.2025

To,
The Secretary
Department of Corporate Services
Bombay Stock Exchange Limited
Floor 25, Phiroze Jeejeebhoy Tower,
Dalal Street, Mumbai-400 001

BSE Scrip Code: 505520

Sub: Newspaper Publication

Sub: Disclosure as per Regulation 7(2) of SEBI (Prohibition of Insider Trading) Regulations, 2015

Dear Sir,

Pursuant to Regulation 7(2)(b) of SEBI (Prohibition of Insider Trading) Regulations, 2015 (PIT Regulations), we are enclosing herewith the disclosures received to the Company under Regulation 7(2)(a) of PIT Regulations, from Mr Ketan M Shah, Promoter of the Company, in Form C in respect to sale of Equity Shares of the Company.

We request you to kindly take the above disclosure on your records.

Thanking You,

Yours faithfully,

For Hem Holdings and Trading Limited

SANGEETA
KETAN SHAH

Digitally signed by
SANGEETA KETAN SHAH
Date: 2025.06.26
13:39:20 +05'30'

Sangeeta K Shah
Managing Director
DIN: 05322039

Form C

SEBI (Prohibition of Insider Trading) Regulations, 2015 [Regulation 7(2) read with Regulation 6(2)- Continual Disclosure]

Name of the Company: HEM HOLDINGS & TRADING LIMITED

ISIN of the Company: INE721U01011

Details of change in holding of Securities of Promoter, Employee or Director of a listed Company and other such persons as mentioned in Regulation 6(2).

Details of change in holding of Securities of Promoter, Employee or Director of a listed company and other such persons as mentioned in Regulation 4(1)														
Name DIN & address contact nos.	PAN with CIN	Category of Person (Promoters/ KMP/ Directors / immediate relative to/ others etc.	Securities held prior acquisition/ disposal		Securities acquired/ Disposed				Securities held post acquisition/ disposal		Date of Allotment advice/ acquisition of shares sale of shares specify		Date of intimation n to the company	Mode of Acquisition/ Disposal (on Market/ Public/ Rights/ Preferential Offer/ Off market/ Inter-se transfer, ESOPs etc.
			Type of Security	No and % of share holding	Type of Security	No.	Value	Trans action type	Type of security	No & % of share holdi ng	From	To		
1	2	3	4	5	6	7	8	9	10	11	12	13	14	
Name: Ketan Moolchand Shah PAN: AUHPS9944A Address: A-5, Surya Vihar, Junwani Road, Bhilai (CG) 490023 Contact No. 9229292222		Promoter	Equity	51202 (21.33%)	Equity	51202 (21.33 %)	Rs 15,36,060	Sale	Equity	0 (0.00 %)	14.06.2025	24.06.2025	25-06-2025	Off Market

Note: (i) "Securities" shall have the meaning as defined under regulation 2(1)(i) of SEBI (Prohibition of Insider Trading) Regulations, 2015.

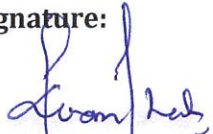
(ii) Value of transaction excludes taxes/brokerage/any other charges

Details of trading in derivatives of the company by Promoter, Employee or Director of a listed Company and other such persons mentioned in Regulation 6(2)

Trading in Derivatives of the Company (Specify the type of Contract, Future or Options etc.)						Exchange on which the trade was executed
Type of Contract	Contract Specification	Buy		Sell		
		Notional Value	Number of Units (Contracts* lots size)	Notional Value	Number of Units (Contracts* lots size)	
15	16	17	18	19	20	21
-	-	-	-	-	-	-

Note: In case of Options, notional value shall be calculated based on Premium plus strike price of options.

Signature:



Name: Ketan Moolchand Shah

Date: 25.06.2025

Place: Bhilai