

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	ANTARES ENERGY LIMITED
ABN	009 230 835

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Howard Mark McLaughlin
Date of last notice	4 April 2005

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct.
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	-
Date of change	12 January 2005
No. of securities held prior to change	122,000 ordinary fully paid shares (41,000 held jointly ²) 1,500,000 options exercisable at \$1.35 on or before 1 July 2007 24,060 \$2 convertible notes maturing on 30 October 2013
Class	Performance Rights ¹
Number acquired	1,000,000
Number disposed	-
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	Nil
No. of securities held after change	122,000 ordinary fully paid shares (41,000 held jointly ²) 1,500,000 options exercisable at \$1.35 on or before 1 July 2007 24,060 \$2 convertible notes maturing on 30 October 2013 1,000,000 Performance Rights (direct) ¹
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Issued under the Performance Rights Plan approved by shareholders at the AGM on 23 November 2004. A copy of the Plan Rules are available on the Company's website at www.antaresenergy.com .

¹ Issued under the Performance Rights Plan approved by shareholders at the AGM on 23 November 2004. A copy of the Plan Rules are available on the Company's website at www.antaresenergy.com. The rights entitle the holder to one ordinary share for nil consideration. Vesting of the Rights is subject to the Company meeting certain performance hurdles for the years ended 31 December 2005, 2006 and 2007. The rights, the subject of this issue, expire on 12 January 2010.

² Jointly held by Howard and Jane McLaughlin (spouse).

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Part 2 – Change of director's interests in contracts

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	