

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	ANTARES ENERGY LIMITED
ABN	009 230 835

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Howard Mark McLaughlin
Date of last notice	20 March 2006

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct.
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	
Date of change	23 March 2006
No. of securities held prior to change	327,000 ordinary fully paid shares (41,000 held jointly ¹) 1,500,000 options exercisable at \$1.35 on or before 1 July 2007 24,060 \$2 convertible notes maturing on 30 October 2013 1,000,000 Performance Rights
Class	Ordinary fully paid shares
Number acquired	50,000
Number disposed	-
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$0.430 per share
No. of securities held after change	377,000 ordinary fully paid shares (41,000 held jointly ¹) 1,500,000 options exercisable at \$1.35 on or before 1 July 2007 24,060 \$2 convertible notes maturing on 30 October 2013 1,000,000 Performance Rights
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	On market trade

¹ Jointly held by Howard and Jane McLaughlin (spouse).

Part 2 – Change of director's interests in contracts

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	