

M Health Limited

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24 November 2004

Company Announcements Office
Australian Stock Exchange Limited

By e-Lodgement

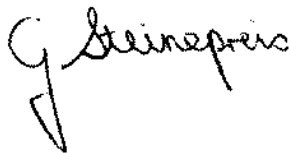
Dear Sir / Madam

RELEASE FROM ESCROW

The Directors advise that the following securities will be released from escrow on 5 December 2004:

Class	Number
Ordinary	1,108,215
Options – 40 cents	1,666,667
CCPS-A	248
CCPS-B	278

Yours faithfully



Gary Steinepreis
Director