

Form 604Corporations Act 2001
Section 671B**Notice of change of interests of substantial holder**

To: Company Name/Scheme So Natural Foods Australia Limited

ACN/ARSN 002 814 235

1. Details of substantial holder(1)

Name Thorpe Pty Ltd

ACN/ARSN (if applicable) 082 077 156

There was a change in the interests of the substantial holder on 08/11/04

The previous notice was given to the company on 02/06/04

The previous notice was dated 01/06/04

2. Previous and present voting power

The total number of votes attached to all the voting shares in the company or voting interests in the scheme that the substantial holder or an associate (2) had a relevant interest (3) in when last required, and when now required, to give a substantial holding notice to the company or scheme, are as follows:

See Annexure A

Class of securities (4)	Previous notice		Present notice	
	Person's votes	Voting power (5)	Person's votes	Voting power (5)

3. Changes in relevant interests

Particulars of each change in, or change in the nature of, a relevant interest of the substantial holder or an associate in voting securities of the company or scheme, since the substantial holder was last required to give a substantial holding notice to the company or scheme are as follows:

See Annexure A

Date of change	Person whose relevant interest changed	Nature of change (6)	Consideration given in relation to change (7)	Class and number of securities affected	Person's votes affected

4. Present relevant interests

Particulars of each relevant interest of the substantial holder in voting securities after the change are as follows:

See Annexure A

Holder of relevant interest	Registered holder of securities	Person entitled to be registered as holder (8)	Nature of relevant interest (6)	Class and number of securities	Person's votes

5. Changes in association

The persons who have become associates (2) of, ceased to be associates of, or have changed the nature of their association (9) with, the substantial holder in relation to voting interests in the company or scheme are as follows:

Name and ACN/ARSN (if applicable)	Nature of association

6. Addresses

The addresses of persons named in this form are as follows:

Name	Address
Thorpe Pty Ltd	24 Cloete Street, Young, NSW, 2594
Ian James Thorpe	C/- 24 Cloete Street, Young, NSW, 2594

Signature

print name

Margaret Thorpe

capacity

Director

sign here

M. Thorpe

date

23/11/04

DIRECTIONS

- (1) If there are a number of substantial holders with similar or related relevant interests (eg. a corporation and its related corporations, or the manager and trustee of an equity trust), the names could be included in an annexure to the form. If the relevant interests of a group of persons are essentially similar, they may be referred to throughout the form as a specifically named group if the membership of each group, with the names and addresses of members is clearly set out in paragraph 6 of the form.
- (2) See the definition of "associate" in section 9 of the Corporations Act 2001.
- (3) See the definition of "relevant interest" in sections 608 and 671B(7) of the Corporations Act 2001.
- (4) The voting shares of a company constitute one class unless divided into separate classes.
- (5) The person's votes divided by the total votes in the body corporate or scheme multiplied by 100.
- (6) Include details of:
 - (a) any relevant agreement or other circumstances because of which the change in relevant interest occurred. If subsection 671B(4) applies, a copy of any document setting out the terms of any relevant agreement, and a statement by the person giving full and accurate details of any contract, scheme or arrangement, must accompany this form, together with a written statement certifying this contract, scheme or arrangement; and
 - (b) any qualification of the power of a person to exercise, control the exercise of, or influence the exercise of, the voting powers or disposal of the securities to which the relevant interest relates (indicating clearly the particular securities to which the qualification applies).

See the definition of "relevant agreement" in section 9 of the Corporations Act 2001.
- (7) Details of the consideration must include any and all benefits, money and other, that any person from whom a relevant interest was acquired has, or may, become entitled to receive in relation to that acquisition. Details must be included even if the benefit is conditional on the happening or not of a contingency. Details must be included of any benefit paid on behalf of the substantial holder or its associate in relation to the acquisitions, even if they are not paid directly to the person from whom the relevant interest was acquired.
- (8) If the substantial holder is unable to determine the identity of the person (eg. if the relevant interest arises because of an option) write "unknown".
- (9) Give details, if appropriate, of the present association and any change in that association since the last substantial holding notice.

ANNEXURE A

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This is Annexure A of 1 page referred to in form 604
"Notice of change of interests in substantial holder"

Company Name So Natural Foods Australia Limited
ACN 002 814 235

2. Previous and Present Voting Power

Class of Securities (4)	Previous Notice		Present Notice	
	Person's Votes	Voting Power (5)	Person's Votes	Voting Power (5)
Ordinary Shares	2,000,000	6.12 %	2,008,334	5.76 %

3. Changes in relevant interest.

Date of Change	Person whose relevant interest changed	Nature of change (6)	Consideration given in relation to change (7)	Class & number of securities affected	Person's votes affected
8/11/04	Thorpe Pty Ltd	Acquisition	\$5,000	8,334 Ordinary Shares	8,334
8/11/04	Thorpe Pty Ltd as trustee of the Ian James Thorpe Trust	Acquisition	\$5,000	8,334 Ordinary Shares	8,334
8/11/04	Ian James Thorpe	Acquisition	\$5,000	8,334 Ordinary Shares	8,334

4. Present relevant interests.

Date of Change	Registered holder of securities	Person entitled to be registered as holder (8)	Nature of Relevant Interest (6)	Class & Number of securities	Person's Notes
Thorpe Pty Ltd	Thorpe Pty Ltd	Thorpe Pty Ltd	Thorpe Pty Ltd holds the shares in its capacity as trustee of the Thorpedo Food and Beverage Trust.	2,008,334 Ordinary Shares	2,008,334
Thorpe Pty Ltd as trustee of the Ian James Thorpe Trust	Thorpe Pty Ltd	Thorpe Pty Ltd	Thorpe Pty Ltd as trustee of the Ian James Thorpe Trust has the same relevant interest in the securities pursuant to s608(3)(a) by virtue of having 80% of the units in the Thorpedo Food and Beverage Trust.	2,008,334 Ordinary Shares	2,008,334
Ian James Thorpe	Thorpe Pty Ltd	Thorpe Pty Ltd	Ian James Thorpe has the same relevant interests in the securities pursuant to s608(3)(a) by virtue of being the appointor of the Ian James Thorpe Trust.	2,008,334 Ordinary Shares	2,008,334

X..... *M. Thorpe* dated *23 / 11 / 04*
Margaret Thorpe Director