

Appendix 3Y

Change of Director's Interest Notice

*Information or documents not available now must be given to ASX as soon as available.
Information and documents given to ASX become ASX's property and may be made public.*

Introduced 30/9/2001.

Name of entity	TASMAN RESOURCES NL
ABN	85 009 253 187

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Mr Douglas Howard Solomon
Date of last notice	21 October 2004

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	March Bells Pty Ltd (Family Trust)
Date of change	23 November 2004
No. of securities held prior to change	Direct 166,667 Ordinary Shares 1,341,667 2006 Options Indirect 7,107,999 Ordinary Shares 3,319,600 2006 Options
Class	Fully Paid Ordinary Shares Options to acquire fully paid ordinary Shares on or before 28 February 2006
Number acquired	Direct Nil Ordinary Shares Nil 2006 Options Indirect 100,000 Ordinary Shares Nil 2006 Options
Number disposed	Direct Nil Ordinary Shares Nil 2006 Options Indirect Nil Ordinary Shares Nil 2006 Options
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$10,110.00

No. of securities held after change	<table><tr><td>Direct</td><td>166,667</td><td>Ordinary Shares</td></tr><tr><td></td><td>1,341,667</td><td>2006 Options</td></tr><tr><td>Indirect</td><td>7,207,999</td><td>Ordinary Shares</td></tr><tr><td></td><td>3,319,600</td><td>2006 Options</td></tr></table>	Direct	166,667	Ordinary Shares		1,341,667	2006 Options	Indirect	7,207,999	Ordinary Shares		3,319,600	2006 Options
Direct	166,667	Ordinary Shares											
	1,341,667	2006 Options											
Indirect	7,207,999	Ordinary Shares											
	3,319,600	2006 Options											
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	On-market trade												

Part 2 – Change of director's interests in contracts

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	