

Appendix 3Y

Change of Director's Interest Notice

*Information or documents not available now must be given to ASX as soon as available.
Information and documents given to ASX become ASX's property and may be made public.*

Introduced 30/9/2001.

Name of entity	TASMAN RESOURCES NL
ABN	85 009 253 187

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Mr Douglas Howard Solomon
Date of last notice	13 December 2007

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct								
	Indirect								
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	March Bells Pty Ltd (Family Trust) March Bells Pty Ltd atf Douglas H Solomon Superannuation Fund								
Date of change	13 November 2007								
No. of securities held prior to change	<table> <tr> <td>Direct</td><td>206,252 Ordinary Shares</td></tr> <tr> <td></td><td>29,168 31 Dec 2009 Options</td></tr> <tr> <td>Indirect</td><td>18,824,059 Ordinary Shares</td></tr> <tr> <td></td><td>2,661,990 31 Dec 2009 Options</td></tr> </table>	Direct	206,252 Ordinary Shares		29,168 31 Dec 2009 Options	Indirect	18,824,059 Ordinary Shares		2,661,990 31 Dec 2009 Options
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	29,168 31 Dec 2009 Options								
Indirect	18,824,059 Ordinary Shares								
	2,661,990 31 Dec 2009 Options								
Class	Fully Paid Ordinary Shares Options to acquire fully paid ordinary Shares at 20 cents on or before 31 December 2009								
Number acquired	<table> <tr> <td>Direct</td><td>Nil Ordinary Shares</td></tr> <tr> <td></td><td>Nil 31 Dec 2009 Options</td></tr> <tr> <td>Indirect</td><td>25,000 Ordinary Shares</td></tr> <tr> <td></td><td>Nil 31 Dec 2009 Options</td></tr> </table>	Direct	Nil Ordinary Shares		Nil 31 Dec 2009 Options	Indirect	25,000 Ordinary Shares		Nil 31 Dec 2009 Options
Direct	Nil Ordinary Shares								
	Nil 31 Dec 2009 Options								
Indirect	25,000 Ordinary Shares								
	Nil 31 Dec 2009 Options								
Number disposed	<table> <tr> <td>Direct</td><td>Nil Ordinary Shares</td></tr> <tr> <td></td><td>Nil 31 Dec 2009 Options</td></tr> <tr> <td>Indirect</td><td>Nil Ordinary Shares</td></tr> <tr> <td></td><td>Nil 31 Dec 2009 Options</td></tr> </table>	Direct	Nil Ordinary Shares		Nil 31 Dec 2009 Options	Indirect	Nil Ordinary Shares		Nil 31 Dec 2009 Options
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	Nil 31 Dec 2009 Options								
Indirect	Nil Ordinary Shares								
	Nil 31 Dec 2009 Options								
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$3,000.00								

No. of securities held after change	Direct	206,252 Ordinary Shares 29,168 31 Dec 2009 Options
	Indirect	18,849,059 Ordinary Shares 2,661,990 31 Dec 2009 Options
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	On Market Trade	

Part 2 – Change of director's interests in contracts

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	