SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

F O R M 6-K

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of October 2019

INTERNET GOLD-GOLDEN LINES LTD.

(Name of Registrant)

2 Dov Friedman Street, Ramat Gan 5250301, Israel

(Address of Principal Executive Office)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

		Form 20-F ⊠	Form 40-F □		
Indicate b S-T Rule 101(b)(1)	y check mark if the re:: □	egistrant is submi	itting the Form	б-К in paper as peri	mitted by Regulation
Indicate b S-T Rule 101(b)(7)	y check mark if the re:: □	egistrant is submi	itting the Form	б-К in paper as peri	mitted by Regulation
	y check mark whethe shing the informatio 934.	·			, 0
		Yes □	No 🛛		
If "Yes" is 12g3-2(b): 82-	s marked, indicate b	elow the file num	iber assigned to	the registrant in c	onnection with Rule

EXHIBIT NO. DESCRIPTION

Internet Gold-Golden Lines Ltd.

The following exhibit is attached:

99.1 <u>Appeal of NASDAQ Determination Regarding Delisting</u>

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

INTERNET GOLD-GOLDEN LINES LTD. (Registrant)

By /s/ Doron Turgeman

Doron Turgeman Chief Executive Officer

Date: October 30, 2019

Appeal of NASDAQ Notice of Delisting

Ramat Gan, Israel – October 30, 2019 - Internet Gold - Golden Lines Ltd. (the "Company" or "Internet-Gold") (NASDAQ Global Select Market and TASE: IGLD).

As disclosed on October 24, 2019, the Company received written notification (the "Notification") from the Listing Qualifications staff of The Nasdaq Stock Market LLC ("Nasdaq") stating that the Company's ordinary shares were subject to delisting from the Nasdaq Global Select Market, pending the Company's opportunity to request a hearing before the Nasdaq Hearings Panel (the "Panel").

The Company submitted an appeal of the Notification on October 29, 2019. There can be no assurance, however, that the Panel will grant the Company's request for continued listing.

Under Nasdaq rules, the delisting of the Company's ordinary shares and the suspension from trade in the Nasdaq will be stayed during the pendency of the appeal and during such time, the Company's ordinary shares will continue to be listed on The Nasdaq Global Select Market.

About Internet Gold

Internet Gold is a telecommunications-oriented holding company whose principal asset is a 51.95% stake in B Communications Ltd., the owner of 26.34% of outstanding shares of Bezeq The Israel Telecommunication Corporation Limited, the leading communications group in Israel. On June 2019, Internet Gold entered into a transaction for the sale of its entire holdings in B Communications Ltd. For more information, please visit the following Internet sites:

www.igld.com www.bcommunications.co.il www.ir.bezeq.co.il

Forward-Looking Statements

This press release contains forward-looking statements that are subject to risks and uncertainties. Factors that could cause actual results to differ materially from these forward-looking statements include, but are not limited to, Panel will not grant the Company's request for continued listing for any reason, general business conditions in the industry, changes in the regulatory and legal compliance environments, the failure to manage growth and other risks detailed from time to time in Internet-Gold's filings with the Securities Exchange Commission. These documents contain and identify other important factors that could cause actual results to differ materially from those contained in our projections or forward-looking statements. Stockholders and other readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date on which they are made. We undertake no obligation to update publicly or revise any forward-looking statement.

For further information, please contact:

Doron Turgeman- CEO

doron@igld.com / Tel: +972-3-924-0000