SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of May 2014	
TAT TECHNOLOGIES LTD. (Name of Registrant)	
P.O.BOX 80, Gedera 70750 Israel (Address of Principal Executive Office)	
Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.	
Form 20-F ⊠ Form 40-F □	
Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule $101(b)(1)$: \Box	
Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7): \Box	
Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing to Rule 12g3-2(b) under the Securities Exchange Act of 1934.	he information to the Commission pursuan
Yes □ No ⊠	
If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82	

TAT Technologies Ltd.

6-K Items

Press Release dated May 15, 2014 re TAT Technologies Ltd. Reports First Quarter 2014 Results.

Press Release Source: TAT Technologies Limited

TAT Technologies ReportsFirst Quarter 2014 Results

GEDERA, Israel, Thursday, May 15, 2014 - TAT Technologies Ltd. (NASDAQ: TATT - News) ("the Company"), a leading provider of services and products to the commercial and military aerospace and ground defense industries, reported today its results for the three month period ended March 31, 2014.

Mr. Itsik Maaravi, TAT's President & CEO commented, "As experienced in the past, 2014 first quarter was a challenging period for TAT group following a very successful year in 2013 in terms of revenues and profit. We plan to continue and increase our marketing and sales efforts, as well as to increase our activity in improving our production efficiency and the responsiveness and support to our customers. We believe that our efforts will assist us in improving our performance throughout the next quarters of 2014. In addition, we are continuing to preserve a strong balance sheet with limited liabilities, strong working capital and sufficient financial assets to support the future growth of our operations".

Financial Highlights for the First quarter of 2014:

- Total Revenue: \$18.4 million compared to \$19.6 million for the first quarter of 2013.
- Operating income: \$0.4 million compared to \$1.7 million for the first quarter of 2013.
- Net income: \$0.4 million compared to \$1.7 million for the first quarter of 2013.
- Earnings per share: \$0.05 per share compared to \$0.19 per share in the first quarter of 2013.
- Cash and cash equivalents and short-term bank deposits: \$35.2 million compared to \$29.9 million as of December 31, 2013.

About TAT Technologies LTD

TAT Technologies LTD is a leading provider of services and products to the commercial and military aerospace and ground defense industries. TAT operates under three segments: (i) Original Equipment Manufacturing or "OEM" of Heat Management Solutions (ii) Heat Transfer Services and Products and (iii) Maintenance, Repair and Overhaul or "MRO" services of Aviation Components.

TAT's activities in the area of **OEM of Heat Management Solutions** primarily include the design, development, manufacture and sale of (i) a broad range of heat transfer components (such as heat exchangers, pre-coolers and oil/fuel hydraulic coolers) used in mechanical and electronic systems on-board commercial, military and business aircraft; (ii) environmental control and cooling systems on board aircraft and for ground applications; and (iii) a variety of other electronic and mechanical aircraft accessories and systems such as pumps, valves, power systems and turbines.

TAT's activities in the area of **Heat Transfer Services and Products** include the maintenance, repair and overhaul of heat transfer equipment and in a lesser extent, the manufacturing of certain heat transfer products. TAT's Limco subsidiary operates FAA certified repair station, which provides heat transfer MRO services and products for airlines, air cargo carriers, maintenance service centers and the military.

TAT's activities in the area of MRO services for Aviation Components include the maintenance, repair and overhaul of APUs, Landing Gear and other aircraft components. TAT's Piedmont subsidiary operates an FAA certified repair station, which provides aircraft component MRO services for airlines, air cargo carriers, maintenance service centers and the military.

TAT also holds approximately 29% of the equity of First Aviation Services, a world-wide service provider to the aerospace industry and a one-stop-shop for maintenance, repair and overhaul services (for propellers and landing gear) for the General Aviation Industry.

For more information of TAT Technologies, please visit our web-site: www.tat-technologies.com

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Safe Harbor for Forward-Looking Statements

This press release contains forward-looking statements which include, without limitation, statements regarding possible or assumed future operation results. These statements are hereby identified as "forward-looking statements" for purposes of the safe harbor provided by the Private Securities Litigation Reform Act of 1995. These forward-looking statements involve risks and uncertainties that could cause our results to differ materially from management's current expectations. Actual results and performance can also be influenced by other risks that we face in running our operations including, but are not limited to, general business conditions in the airline industry, changes in demand for our services and products, the timing and amount or cancellation of orders, the price and continuity of supply of component parts used in our operations, the change of control that will occur on the sale by the receiver of the Company's shares held by our previously controlling stockholders, and other risks detailed from time to time in the company's filings with the Securities Exchange Commission, including, its annual report on form 20-F and its periodic reports on form 6-K. These documents contain and identify other important factors that could cause actual results to differ materially from those contained in our projections or forward-looking statements. Stockholders and other readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date on which they are made. We undertake no obligation to update publicly or revise any forward-looking statement.

TAT TECHNOLOGIES AND ITS SUBSIDIARIES

CONDENSED CONSOLIDATED BALANCE SHEETS (Unaudited, in thousands, except share data)

	March 31, 2014		December 31, 2013	
ACCEPTED	(u	naudited)	(a	udited)
ASSETS Current Assets:				
Cash and cash equivalents	\$	25,158	\$	19.814
Short-term bank deposits	Ą	10,059	Ф	10,059
Accounts receivable-trade (net of allowance for doubtful accounts of \$123 as of March 31, 2014 and December 31, 2013)		16,618		18,387
Other accounts receivable and prepaid expenses		3,301		3,314
One accounts receivable and prepara expenses Inventories, net		30,084		29,395
Assets held for sale		50,064		9,959
Assets held for sale				9,939
Total current assets		85,220		90,928
Total current assets		83,220		90,928
Long-term assets:				
Investment in an affiliated company		2,431		2,289
Funds in respect of employee rights upon retirement		2,919		2,900
Long-term deferred tax		1,541		1,616
Property, plant and equipment, net		11,332		11,147
		,		
Total Long-term assets		18,223		17,952
Total assets	\$	103,443	\$	108,880
LIABILITIES AND EQUITY				
Current Liabilities:				
Short term bank loan and current maturities of long-term loans	\$	883	\$	910
Trade accounts payables		6,265		6,941
Other accounts payable and accrued expenses		7,621		5,815
Liabilities held for sale				3,428
T. 1		11.50		17.004
Total current liabilities		14,769		17,094
Long-term liabilities:				
Other accounts payable		53		58
Liability in respect of employee rights upon retirement		3,131		3,140
Long-term deferred tax liability		1,073		1,058
				
Total long-term liabilities		4,257		4,256
EQUITY:				
Share capital		2,792		2,792
Additional paid-in capital		64,463		64,454
Treasury stock at cost		(2,088)		(2,088)
Accumulated other comprehensive loss		(2,000)		(429)
Retained earnings		19,250		20,840
		84.417		85,569
Total TAT Technologies shareholders' equity		- , .		
Non-controlling interest				1,961
Total equity:		84,417		87,530
Total liabilities and equity	\$	103,443	\$	108,880
	-	,	-	,500

TAT TECHNOLOGIES AND ITS SUBSIDIARIES

CONDENSED CONSOLIDATED STATEMENTS OF INCOME

		Three months ended March 31,		Year ended December 31,		
	2	014		2013		2013
Revenues:						
Products	\$	8,098	\$	8,255	\$	34,364
Services		10,319		11,324		45,187
		18,417		19,579	_	79,551
Cost and operating expenses:						,
Products		5,995		5,811		24,892
Services		8,794		8,792		35,987
56.1.665		14,789	_	14,603	_	60,879
Gross Profit		3,628	_	4,976	_	18,672
Gross Profit		3,028		4,976		18,072
Operating expenses:						
Research and development, net		255		224		713
Selling and marketing		750		766		3,150
General and administrative		2,276		2,313		9,512
Other income		(7)		(7)		(20
		3,274		3,296	_	13,355
Operating income from continuing operations		354		1,680		5,317
Financial income (expenses), net		11		16		(50
Income from continuing operations before taxes on income		365		1,696		5,267
Taxes on income		97		483		1,041
Net income from continuing operations after taxes on income		268		1,213		4,226
Share in results of affiliated company		142		911		1,025
Share in results of arrinated company		172		711		1,023
Net income from continuing operations		410		2,124		5,251
Net loss from discontinued operations, net of tax		<u>-</u>	_	(416)		(2,429
Net income attributable to TAT Technologies Ltd. shareholders	\$	410	\$	1,708	\$	2,822
Basic and diluted income (loss) per share						
Net income from continuing operations per share attributable to controlling interest	\$	0.05	\$	0.24	\$	0.60
Loss from discontinued operations per share attributable to controlling interest	Ψ	0.05	Ψ	(0.05)	Ψ	(0.28
2005 from discontinued operations per shale activatable to controlling interest	\$	0.05	\$	0.19	\$	0.32
Weighted average number of shares outstanding						
Basic		8,805,236		8,798,570		8,799,237
		8,827,702		8,798,570		8,808,920

TAT TECHNOLOGIES AND ITS SUBSIDIARIES

CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS

		Three months e	Year ended December 31,	
		2014	2013	2013
CASH FLOWS FROM OPERATING ACTIVITIES:				
Net income	\$	410	\$ 1,708	\$ 2,822
Net loss from discontinued operations		-	(416)	(2,429)
Income from continuing operations		410	2,124	5,251
Adjustments to reconcile net income to net cash provided by operating activities:		420	(629)	1,243
Changes in operating assets and liabilities	_	446	(1,969)	709
Net cash provided by (used in) operating activities		1,276	(474)	7,203
Cash flows provided by investing activities		4,094	1,712	70
Cash flows provided by (used in) financing activities		(26)	295	(2,936)
Cash flows provided by discontinued operations	_		990	514
Net increase in cash and cash equivalents		5,344	2,523	4,851
Cash and cash equivalents at beginning of period		19,814	17,786	17,786
Cash and cash equivalents at end of period		25,158	20,309	22,637
Less- Cash and cash equivalents of discontinued operations at end of period		-	3,299	2,823
Cash and cash equivalents of continuing operations at end of period	\$	25,158	\$ 17,010	\$ 19,814

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

 $\frac{\text{TAT TECHNOLOGIES LTD.}}{(\text{Registrant})}$

By: /s/ Tiko Gadot

Tiko Gadot Chief Financial Officer

Date: May 15, 2014