## SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## F O R M 6-K

## REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of August 2016

#### TAT TECHNOLOGIES LTD.

(Name of Registrant)

P.O.BOX 80, Gedera 70750 Israel (Address of Principal Executive Office)

	Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.
	Form 20-F ⊠ Form 40-F □
	Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1): $\Box$
	Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7): $\Box$
pursuant to Rule	Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing the information to the Commission e 12g3-2(b) under the Securities Exchange Act of 1934.
	Yes □ No ⊠
	If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82

## TAT Technologies Ltd.

#### 6-K Items

Press Release dated August 31, 2016 re TAT Technologies Ltd. Reports Second Quarter 2016 Results.

Press Release Source: TAT Technologies Limited

#### TAT Technologies Reports Second Quarter 2016 Results

GEDERA, Israel, Wednesday, August 31, 2016 - TAT Technologies Ltd. (NASDAQ: TATT - News) (the "Company"), a leading provider of services and products to the commercial and military aerospace and ground defense industries, reported today its unaudited results for the three month and six month periods ended June 30, 2016.

#### Financial Highlights for the Second quarter of 2016 (unaudited):

- Total Revenue: \$23.5 million compared to \$21.5 million in the second quarter of 2015.
- **Operating income:** \$0.3 million compared to \$1.1 million in the second quarter of 2015.
- **EBITDA:** \$1.2 million compared to \$1.8 million in the second quarter of 2015.
- Net income (loss): \$(2.5) million loss, of which \$ 2.4 million is attributable to tax expenses, compared to \$0.7 million income in the second quarter of 2015.
- Dividend: The Company declared a cash dividend in the total amount of \$3.0 million. The dividend was paid to the shareholders on August 9, 2016.

  The Company recorded an accrual, related to tax expenses, of approximately \$2.4 million of which \$2 million is related to a deferred tax liability for future distribution of earnings from foreign subsidiaries of the Company, since the Company's Board of Directors considers future distribution of dividends from these earnings to the Company's shareholders.
- Earnings (loss) per share basic and diluted: \$(0.28) loss per share compared to \$0.08 earnings per share in the second quarter of 2015.

#### About TAT Technologies LTD

TAT Technologies Ltd. is a leading provider of services and products to the commercial and military aerospace and ground defense industries. TAT operates under four segments: (i) Original Equipment Manufacturing or "OEM" of Heat Management Solutions (ii) Heat Transfer Services and Products (iii) Maintenance, Repair and Overhaul or "MRO" services of Aviation Components; and (iv) overhaul and coating of jet engine components.

TAT's activities in the area of OEM Heat Management Solutions are focused on the design, development, manufacture, and sale of the following: (i) a broad range of heat transfer components including heat exchangers, pre-coolers and oil/fuel hydraulic coolers used in mechanical and electronic systems on-board commercial, military and business aircraft; (ii) environmental control and cooling systems on board aircraft and for ground applications; and (iii) a variety of other electronic and mechanical aircraft accessories and systems such as pumps, valves, power systems and turbines.

TAT's activities in the area of Heat Transfer Services and Products include the maintenance, repair and overhaul of heat transfer equipment and to a lesser extent, the manufacture of certain heat transfer product parts. TAT's Limco subsidiary operates an FAA certified repair station, which provides heat transfer MRO services and products for airlines, air cargo carriers, maintenance service centers and the military.

TAT's activities in the area of MRO services for Aviation Components include the maintenance, repair and overhaul of APUs, Landing Gears and other aircraft components. TAT's Piedmont subsidiary operates an FAA certified repair station, which provides aircraft component MRO services for airlines, air cargo carriers, maintenance service centers and the military.

TAT's activities in the area of jet engine overhaul includes the overhaul and coating of jet engine components such as turbine vanes and blades, fan blades, variable inlet guide vanes, afterburner flaps and other components.

For more information of TAT Technologies Ltd., please visit our web-site: <a href="https://www.tat-technologies.com">www.tat-technologies.com</a>

Guy Nathanzon – CFO TAT Technologies Ltd. Tel: 972-8-862-8500 guyn@tat-technologies.com

#### Safe Harbor for Forward-Looking Statements

This press release contains forward-looking statements which include, without limitation, statements regarding possible or assumed future operation results. These statements are hereby identified as "forward-looking statements" for purposes of the safe harbor provided by the Private Securities Litigation Reform Act of 1995. These forward-looking statements involve risks and uncertainties that could cause our results to differ materially from management's current expectations. Actual results and performance can also be influenced by other risks that we face in running our operations including, but are not limited to, general business conditions in the airline industry, changes in demand for our services and products, the timing and amount or cancellation of orders, the price and continuity of supply of component parts used in our operations, the change of control that will occur on the sale by the receiver of the Company's shares held by our previously controlling stockholders, and other risks detailed from time to time in the Company's filings with the Securities Exchange Commission, including, its annual report on form 20-F and its periodic reports on form 6-K. These documents contain and identify other important factors that could cause actual results to differ materially from those contained in our projections or forward-looking statements. Stockholders and other readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date on which they are made. We undertake no obligation to update publicly or revise any forward-looking statement.

### CONDENSED CONSOLIDATED BALANCE SHEET

(In thousands)

	June 30, 2016	December 31, 2015
	(unaudited)	(audited)
ASSETS		
CURRENT ASSETS:	ф. 15 702	ф 10.000
Cash and cash equivalents	\$ 15,703	\$ 18,688
Short-term bank deposits	6,133	8,122
Accounts receivable, net	22,605	19,151
Other current assets and prepaid expenses	2,392 37,099	3,025 36,664
Inventory, net	31,099	50,004
Total current assets	83,932	85,650
NON-CURRENT ASSETS:		
Investment in affiliates	168	169
Funds in respect of employee rights upon retirement	2,527	2,626
Deferred income taxes	566	890
Intangible assets, net	1,247	1,314
Property, plant and equipment, net	20,958	18,934
Total non-current assets	25,466	23,933
Total non-current assets		23,733
Total assets	\$ 109,398	\$ 109,583
LIABILITIES AND EQUITY		
CURRENT LIABILITIES:		
Accounts payable	7,005	7,022
Dividends declared, not yet paid	3,000	-
Accrued expenses	8,160	7,815
Total current liabilities	18,165	14,837
NON CURRENT LIABILITIES:		
Other long-term liabilities	67	189
Liability in respect of employee rights upon retirement	2,884	2,871
Deferred income taxes	2,038	262
Total non-current liabilities	4,989	3,322
Total liabilities	23,154	18,159
EQUITY: Share capital	2,797	2,793
Additional paid-in capital	64,682	64,529
Treasury stock at cost	(2,088)	(2,088)
Accumulated other comprehensive loss	67	(4)
Retained earnings	20,786	26,194
Total shareholders' equity	86,244	91,424
	\$ 109,398	\$ 109,583
Total liabilities and shareholders' equity	Ψ 107,370	107,505

### $\underline{\textbf{CONDENSED CONSOLIDATED STATEMENTS OF INCOME}}$

(In thousands, except share data)

	Three months ended					Six months ended				Year ended		
				Jun	e 30,					December 31,		
		2016		2015		2016		2015		2015		
	J)	Jnaudited)		(Unaudited) (Revised)		(Unaudited)		(Unaudited) (Revised)		(Revised)		
Revenues:												
Products	\$	7,941	\$	7,747	\$	16,010	\$	14,726	\$	31,339		
Services		15,589		13,723		31,154		27,230	_	54,268		
		23,530	_	21,470	_	47,164	_	41,956	_	85,607		
Cost of goods:												
Products		6,341		6,034		13,032		11,588		24,466		
Services		12,794		11,321		25,802		22,399		47,476		
		19,135		17,355		38,834		33,987		71,942		
Gross Profit		4,395		4,115		8,330		7,969		13,665		
Operating expenses:												
Research and development, net		474		185		738		323		890		
Selling and marketing		947		758		1,957		1,483		2,903		
General and administrative		2,682		2,024		5,092		3,948		8,469		
Other loss (income)		(4)		2,024		(3)		3,548		631		
Gain on bargain purchase		-		-		(3)		-		(4,833)		
F	<del></del>	4,099	_	2,967		7,784	-	5,755	_	8,060		
Operating income		296		1,148	_	546		2,214	_	5,605		
	-		_	<del></del>				<u> </u>	_			
Financial expenses, net		(13)	_	(64)	_	(32)		(249)	_	(349)		
Income before taxes on income		283		1,084		514		1,965		5,256		
Taxes on income		2,722		351		2,908		782		644		
Income (loss) before equity investment		(2,439)		733		(2,394)		1,183		4,612		
Share in results and sale of equity investment of affiliated companies		(14)		_		(14)		1,491		1,237		
	Φ.	(2.452)	•	722	Φ.	(2.400)	Φ.	2.674	Ф	5.040		
Net income (loss)	\$	(2,453)	\$	733	\$	(2,408)	\$	2,674	\$	5,849		
Basic and diluted income (loss) per share												
Net income (loss) per share	\$	(0.28)	\$	0.08	\$	(0.27)	\$	0.30	\$	0.66		
Weighted average number of shares outstanding												
Basic		8,828,444		8,808,344		8,828,444		8,808,344		8,808,344		
Diluted		8,828,444	_	8,811,044	_	8,828,444	_	8,809,423	_	8,810,689		
			_						_			

# $\frac{\textbf{CONSOLIDATED STATEMENTS OF COMPREHENSIVE INCOME}}{(In thousands)}$

		Three mor	nths	ended		Six mont	hs er	nded	Year ended			
	June 30,									December 31,		
	2016		2015		2016		2015			2015		
		(Unaudited)		(Unaudited) (Revised)		(Unaudited)		(Unaudited) (Revised)		(Revised)		
Net income (loss)	\$	(2,453)	\$	733	\$	(2,408)	\$	2,674	\$	5,849		
Other comprehensive income												
Net unrealized gains (losses) from derivatives		(173)		-		192		-		(5)		
Reclassification adjustments for gains included in net income and												
inventory		(74)		-		(121)		-		1		
Total other comprehensive income (loss)	\$	(2,700)	\$	733	\$	(2,337)	\$	2,674	\$	5,845		

## $\frac{\textbf{CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS}}{(In thousands)}$

		Three mon	ths en	ded		Six mont	hs end	ed	7	Year ended
			Jun-		e 30,				December 31,	
	2016		2015		2016			2015		2015
	(Unau	idited)	,	Jnaudited) (Revised)	(Unaud	lited)	,	Jnaudited) Revised)		(Revised)
CASH FLOWS FROM OPERATING ACTIVITIES:										
Net income (loss) attributable to TAT Technologies Ltd. shareholders	\$	(2,453)	\$	733	\$	(2,408)	\$	2,674	\$	5,849
Adjustments to reconcile net income to net cash provided by operating activities:										
Depreciation and amortization		880		661		1,731		1,215		2,781
Loss on sale of property, plant and equipment		-		-		1		1		_,
Interest from short-term bank deposits and restricted deposits		_		(15)		(11)		(15)		(33
Loss (gain) from change in fair value of derivatives		5		-		(48)		-		10
Provision for doubtful accounts		-		-		43		-		200
Share in results and sale of equity investment of affiliated Company		14		_		14		(1,491)		(1,23
Share based compensation		13		_		27		15		38
Gain on bargain purchase		-		_						(4,833
Liability in respect of employee rights upon retirement		(5)		152		13		121		2
Deferred income taxes, net		2,218		277		2,100		643		(2:
Changes in operating assets and liabilities:		2,210		2		2,100		0.5		(2.
Increase in trade accounts receivable		(2,060)		(1,940)		(3,497)		(2,642)		(2,375
Decrease (increase) in other current assets and prepaid expenses		1,480		(729)		944		(311)		(8:
Increase in inventory		(677)		(163)		(505)		(1,199)		(57)
Increase (decrease) in trade accounts payable		(551)		1,317		(124)		(405)		43
Increase (decrease) in accrued expenses		(207)		(148)		345		1,288		52
Increase (decrease) in other long-term liabilities		25		(7)		(122)		(14)		1:
Net cash provided by (used in) operating activities	\$	(1,318)	\$	138	\$	(1,497)	\$	(120)	\$	733
CASH FLOWS FROM INVESTING ACTIVITIES:										
Acquisitions of subsidiary, net of cash acquired		_		_		_		_		(1,79
Investment in affiliated company		(13)		_		(13)		_		(-,,,,
Proceeds from sale of equity investment of affiliated Company		-		_		(15)		3,624		3,62
Funds in respect of employee rights upon retirement		117		(85)		(23)		(137)		-,
Proceeds from sale of property and equipment				-		1		6		
Purchase of property and equipment		(2,915)		(846)		(3,583)		(1,699)		(3,31
Investments in short-term deposits		(2,710)		(0.0)		-		(1,0))		(8,109
Maturities of short-term deposits		_		_		2,000		_		5,109
Cash flows provided by (used in) investing activities	\$	(2,811)	\$	(931)	\$	(1,618)	\$	1,794	\$	(4,470
		(2,011)		(231)				1,794		(4,47)
Cash flows provided by (used in) financing activities	\$		\$	<u>-</u>	\$	130	\$		\$	(469
Net increase (decrease) in cash and cash equivalents		(4,129)		(793)		(2,985)		1,674		(4,20
Cash and cash equivalents at beginning of period		19,832		25,361		18,688		22,894		22,89
Cash and cash equivalents at end of period	\$	15,703	\$	24,568	\$	15,703	\$	24,568	\$	18,688
cash and cash equivalents at the or period	Ψ	13,703	Ψ	24,500	Ψ	13,703	Ψ	24,300	Ψ	10,00
		Three mon					ths ended		Year ended December 31	
		1.6			ne 30,		2017			
		(Unaudited)		Jnaudited)	(Unaudited)		(Unaudited)		2015	
SUPPLEMENTARY INFORMATION ON INVESTING ACTIVITIES NOT	,	<i>'</i>	,	(Revised)		·	,	Revised)		(Revised)
INVOLVING CASH FLOW:										
Dividends declared, not yet paid	\$	3,000	\$		\$	3,000	\$		\$	

### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

TAT TECHNOLOGIES LTD.

(Registrant)

By: /s/ Guy Nathanzon
Guy Nathanzon
Chief Financial Officer

Date: August 31, 2016