Form 144 Filer Information

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

144: Securities Information

Name and Address

of the Broker

Title of the Class of

Securities To Be

Filer CIK	0001754628
Filer CCC	XXXXXXXX
Is this a LIVE or TEST Filing?	LIVE TEST
Submission Contact Information	
Name	
Phone	
E-Mail Address	
144: Issuer Information	
Name of Issuer	UMH PROPERTIES, INC.
SEC File Number	001-12690
Address of Issuer	3499 ROUTE 9 N, SUITE 3-C JUNIPER BUSINESS PLAZA FREEHOLD NEW JERSEY 07728
Phone	7325779997
Name of Person for Whose Account the Securities are To Be Sold	Conway Kiernan
to the person for whose account the securi included in that definition. In addition, info	a) of Rule 144. Information is to be given not only as ties are to be sold but also as to all other persons rmation shall be given as to sales by all persons) of Rule 144 to be aggregated with sales for the
Relationship to Issuer	Director

Number

of Shares Market

Approxi**rNate**ne the

of Shares Date of Securities

Number

Aggregate

Sold		or Other Units To Be Sold	Value	or Other Units Outstandir		Exchange
Common	Wells Fargo Clearing Services One North Jefferson Avenue St. Louis MO 63103	2700	52481.69	7355204 9	08/15/ 2024	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	you	Nature of Acquisition Gransaction	Name of Person from Whom Acquired	this	Acquire	Amount of Securities Acquired	Date of Paymer	Nature of Payment * nt
Common	06/20 /2024	Stock Award	Issuer			983	06/20 /2024	N/A
Common	03/26 /2024	Stock Award	Issuer			966	03/26 /2024	N/A
Common	01/10 /2024	Stock Award	Issuer			957	01/10 /2024	N/A

^{*} If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report	✓								
144: Remarks and Signature									
Remarks									
Date of Notice	08/15/2024								

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and

indicatin	g the	date	that	the	plan	was	ado	pted	or	the	instru	ction	given,	that	person	makes	such
represer	itatior	n as c	of the	plar	i ado	ption	or ii	nstru	ctic	on d	ate.				•		

Signature

Kiernan Conway

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)